

Guided Reflection Questions for Medical Case 1: Kenneth Bronson

Opening Questions

How did the scenario make you feel?

The scenario allowed me to practice my skills on what I would do if a patient had anaphylactic reaction. I liked that at the end it gave me feedback on what I did wrong and what I did right. This helped me see where I could improve more.

Scenario Analysis Questions*

PCC, EBP What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction? **When he started coughing and stated he felt he couldn't breathe. He also stated he felt something was wrong, as well as the vital signs changing such as the HR, B/P, and respiration were indicating something was wrong. When infusion was stopped and medications were administered patient vital signs started improving.**

PCC, EBP Discuss the differences between mild, moderate, and severe anaphylactic reactions. **A mild anaphylactic signs and symptoms could be runny nose, sneezing, watery eyes, mild cough, and mild pruritis. Moderate would be coughing, wheezing, pallor, and tachycardia. Severe would be flushed, blocked airway, inflammation, hives, patient could go into shock.**

EBP/S Discuss the importance of follow-up assessments post-reaction. **A follow up is important because this tells us if interventions worked or if we need to reevaluate care. Also sometimes there could be a delay to reaction and is important we monitor to take action.**

Concluding Questions

What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address? **The reaction he had to the medication needs to be documented and reported to prevent from readministering. It is also important the patient understands and acknowledges the allergy reaction patient had to the medication for future reference and safety.**

Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside. **Explain to the family what caused the event and what we are doing to treat it.**

After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress? **Lift the head of the bed, if they have oxygen make sure it is on properly, check vital signs.**

How could you prepare for clinical to anticipate potential patient emergencies? **Bring a paper and pen and monitor patients vital signs. Any change could become an emergency situation.**

* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*