

Guided Reflection Questions for Surgical Case 2: Stan Checketts

Opening Questions

How did the scenario make you feel?

I felt like I knew exactly what to do in this scenario. I was able to help the patient in every way he needed.

Scenario Analysis Questions*

- PCC/EBP/S** When reflecting on the care of Stan Checketts, what are signs and symptoms you can assess in the next patient you care for who might be at risk for dehydration?
-Nausea and vomiting, lab values, dry skin and decreased skin turgor.
- EBP/QI** Discuss signs and symptoms of hypovolemic shock.
-tachycardia, shallow breathing, weakness, fatigue, confusion, little urination, hypotension, clammy skin
- PCC/EBP** Discuss assessment and expected findings in a small bowel obstruction.
-abdominal cramps, loss of appetite, constipation, vomiting, abdominal swelling
- PCC/S/I/EBP** What key questions does the nurse ask in an acute abdominal pain assessment?
-Can you describe the pain? How severe is the pain? Any changes in appetite? Weight loss? Vomiting?
- PCC/EBP/S** In evaluating Stan Checketts' laboratory values, what if any abnormalities did you find?
-elevated hematocrit, elevated pH and HCO₃
- PCC/EBP/S** Stan Checketts had a nasogastric (NG) tube inserted for gastric decompression. What are the preferred methods for confirming placement of the NG tube?
Xray, pH aspiration
- T&C/EBP/S/PCC** What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.
Stan Checketts arrived to ED with abdominal pain, nausea, and vomiting. 52 yo male. Unable to urinate since yesterday. Increasing stomach pain with nausea and vomiting. Hyperactive bowel sounds with distended abdomen. Skin is cool and clammy with decreased turgor. Fluids, antiemetic, analgesics, and surgery to treat small bowel obstruction.

Concluding Questions

What would you do differently if you were to repeat this scenario? How would your patient care change?

Kambree Irvin

Possibly perform care in a different order. Do initial assessment first to get a baseline on patient.

* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*