

## Practice Questions – Unit 2

### Public Health Questions

The community nurse is teaching a group of parents about public health. What is the best way to define public health? Select all that apply.

- A. It is population-based medicine
- B. It has improved people's lifespan
- C. It provides standard programs and services
- D. It is concerned with protecting health of entire populations

The game "Candyland" was invented by a teacher for children with which disease?

- A. Tuberculosis
- B. Rabies
- C. Polio
- D. West Nile Virus

A school nurse is explaining Texas Health Steps to a group of elementary school parents. What aspects of the program will she want to include? Select all that apply.

- A. It is a special program for children birth through 21 years of age
- B. It is for children who are enrolled in Medicaid
- C. It provides medical and dental checkups for clients/patients at no cost
- D. It assists in overcoming barriers in accessing healthcare

### Community Nursing Questions

The role of the Pediatric Nurse is to do what when working with the pediatric population and their families? Select all that apply.

- A. Health promotion
- B. Health teaching
- C. Injury prevention
- D. Family advocacy
- E. Family support

What are Community Health Initiatives that the Community Health Nurse could focus on when teaching a parenting class for parents with infants? Select all that apply.

- A. The importance of immunizations
- B. Bullying prevention
- C. Toy safety
- D. SIDS prevention
- E. Healthy eating

The Community Health Nurse is recommending online resources that are available to parents with infants. Which would be appropriate for the nurse to include? Select all that apply.

- A. Text for Baby
- B. Safe to Sleep
- C. Bright by Text
- D. Consent
- E. Parenting Advice

### **Poverty Practice Questions**

The Community Health Nurse is participating in a Community Health Initiative on Healthy Eating and Exercise with a poverty level population. What is important for the nurse to remember about families who live in poverty?

- A. What resources they are lacking and what interventions are needed
- B. Where they fall according to the poverty income level to determine needs
- C. What is their BMI to determine eating and exercise practices
- D. Determining if they have hypertension or elevated serum glucose levels

What are some examples of “hidden rules” that are often associated with various socio-economic levels? Select all that apply.

- A. In the middle class, money is to be managed
- B. In the middle class, food quantity is important
- C. With the wealthy, financial, political and social connections are valued
- D. In poverty, quality of food is important
- E. In poverty, survival, relationships and entertainment are valued
- F. With the wealthy, individual style of clothing is valued

Which are examples of mental/cognitive resources? Select all that apply.

- A. The ability to read
- B. Being able to write
- C. Utilizing relaxation techniques
- D. Having computer skills
- E. Family and friends
- F. A school counselor

### **ACEs Practice Questions**

The nurse understands that which categories comprise an ACE score? Select all that apply.

- A. Different types of abuse
- B. Different types of neglect
- C. Positive experiences in early life
- D. Household dysfunction

What are examples of how ACEs may affect a person's health? Select all that apply.

- A. Significant weight loss
- B. Cancer
- C. Heart disease
- D. COPD
- E. Intellectual & developmental delays

## Public Health Question Answers

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**Correct Answers: A, B, C, and D**

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**Correct Answer: C**

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## Community Nursing Question Answers

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**Correct Answer: A**

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- H. With the wealthy, individual style of clothing is valued

**Correct Answers: A, C, and E**

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- E. Family and friends
- F. A school counselor

**Correct Answers: A, B, and D**

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**Correct Answers: B, C, and D**