

## Family-Centered Care Practice Questions

The Pediatric Nurse is admitting a child to the unit with a new diagnosis of asthma. What information from the family would be pertinent to the child's care? Select all that apply.

- A. "What experiences have they had with healthcare?"
- B. "What medications have they taken in the past and what was their response?"
- C. "How do they act when they are in pain?"
- D. "What illnesses have they had in the past?"
- E. "Have they had any injuries in the past?"

The Pediatric Nurse understands that collaboration with family members is an important element of family-centered care. This concept is characterized by what features? Select all that apply.

- A. Communicating with them about aspects of care
- B. Listening to the family to assure they have a clear understanding
- C. Negotiating care and how and when certain interventions are done
- D. Reassuring them that they are receiving excellent care

In providing a culture of diversity and inclusion, the pediatric nurse understands that that care should be equal to all children and their families. This would include which aspects? Select all that apply.

- A. Diagnosis
- B. Socioeconomic status
- C. Gender Identity
- D. Race
- E. Religion
- F. Sexual Orientation

Family Systems Theory is based on which primary elements?

- A. The emphasis is on the interaction between family members and the boundaries between them and the environment
- B. It focuses on stressors and realizes that multiple stressors can overwhelm their ability to cope and lead to crisis
- C. It addresses family change over time and the oldest child marks the stage transition
- D. It focuses on family expectations of their children and on effective discipline

### **Atraumatic Care Practice Questions**

The pediatric nurse is mentoring a new graduate on the pediatric unit. She will include which principles of atraumatic care? Select all that apply.

- A. Prevent or minimize physical stressors
- B. Prevent or minimize parent/child separation
- C. Promote a sense of control
- D. Promote healthy lifestyles

What are some of the reasons that health care professionals may resist parental presence during procedures? Select all that apply.

- A. They will delay or interfere with the procedure
- B. They will distract the health care professional
- C. They will decrease the anxiety of the health care professional
- D. The parents will have increased anxiety if they are present

What are ways that the pediatric nurse can promote a sense of control? Select all that apply.

- A. Prepare medications prior to entering the room
- B. Explain equipment
- C. Do procedures in the parent's lap if applicable
- D. Allow them to select their food choices
- E. Provide play activities

### **Pediatric Communication Practice Questions**

What are the best ways to question a child and/or their family? Select all that apply.

- A. Open-ended questions
- B. Closed-ended questions
- C. Paraphrasing
- D. Reflection

The pediatric nurse wants to implement various communication techniques with their pediatric patients. Which are appropriate to utilize? Select all that apply.

- A. Allow them time to feel comfortable
- B. Avoid threatening gestures and sudden movements
- C. Assure the older child or adolescent complete confidentiality
- D. Assume a position that is eye level for young infants
- E. Be positive when giving explanations
- F. Tease them to make them think they are having fun

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**Correct Answers: A, B, C, D, and E.**

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**Correct Answer: A**

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