

Burn thinking exercise

A 28-year-old female patient was admitted to the emergency department (ED) with recent burns on both arms. Her husband explained that when she was cooking dinner, she accidentally started a grease fire while he was downstairs in the basement watching football. She put on oven mitts to cover both hands and tried to smother the fire with a towel and a small fire extinguisher, which was quickly successful. The nurse notes that the patient has superficial partial-thickness burns on most of the anterior surfaces of both arms, but her hands are not affected. She also has a few superficial burns on about half of the posterior aspects of both arms.

Use an X to indicate whether the nursing actions below are Indicated (appropriate or necessary), Contraindicated (could be harmful), or Non-Essential (make no difference or are not necessary) for the patient's care at this time.

Nursing Action	Indicated	Contraindicated	Non-Essential
Obtain a 12-lead ECG			
Initiate and IV line			
Administer oxygen therapy			
Remove eschar to prevent infection			
Manage the patient's pain with analgesia			
Administer tetanus toxoid for prophylaxis			
Help the patient take a shower			

Rationales: Please document your rationales here.