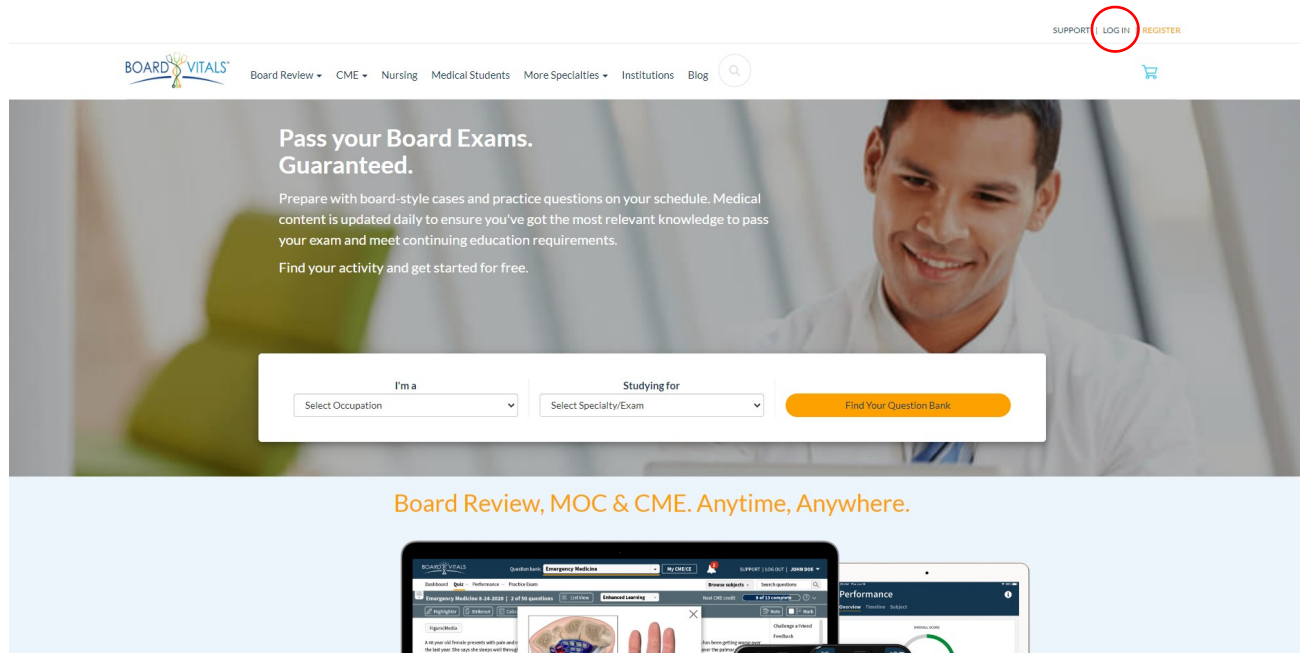


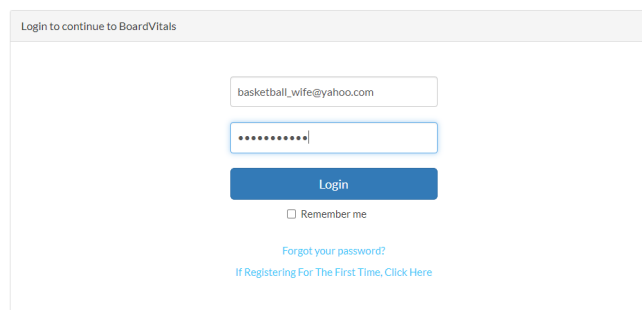
Board Vitals Overview

1. Go to www.boardvitals.com
2. Select LOG-IN



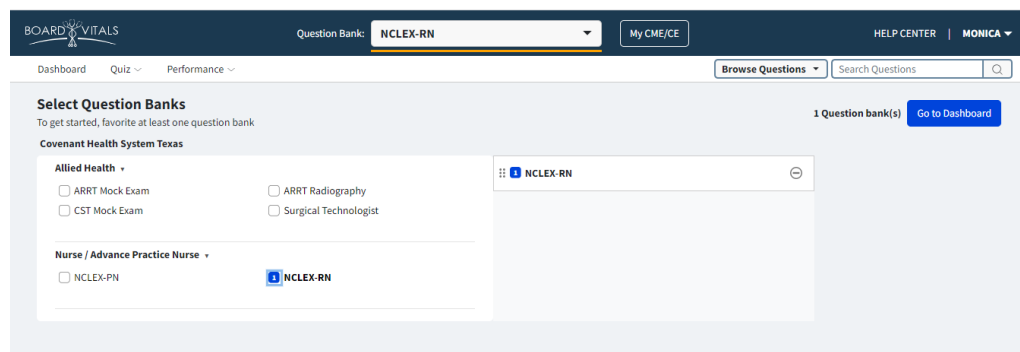
The banner features the Board Vitals logo on the left. Navigation links include Board Review, CME, Nursing, Medical Students, More Specialties, Institutions, and Blog. On the right, there are links for SUPPORT, LOG IN (circled in red), and REGISTER. Below the navigation is a large hero section with a background image of a smiling man in a white lab coat. The text reads: "Pass your Board Exams. Guaranteed." followed by "Prepare with board-style cases and practice questions on your schedule. Medical content is updated daily to ensure you've got the most relevant knowledge to pass your exam and meet continuing education requirements. Find your activity and get started for free." Below this is a form with two dropdown menus: "I'm a" (with "Select Occupation" as the placeholder) and "Studying for" (with "Select Specialty/Exam" as the placeholder). To the right of these is a yellow button labeled "Find Your Question Bank". Below the hero section is a light blue banner with the text "Board Review, MOC & CME. Anytime, Anywhere." and an image of a tablet displaying the Board Vitals interface.

3. Enter email address
Initial password: boardvitals



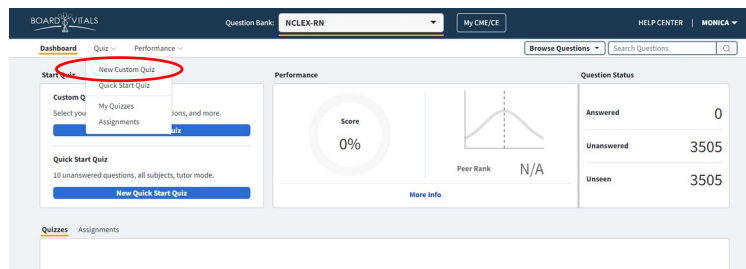
The login form is titled "Login to continue to BoardVitals". It contains an email input field with the text "basketball_wife@yahoo.com", a password input field with masked characters "*****", and a blue "Login" button. Below the button is a checkbox labeled "Remember me". At the bottom, there are two links: "Forgot your password?" and "If Registering For The First Time, Click Here".

4. Under Select Question Banks - Select NCLEX-RN

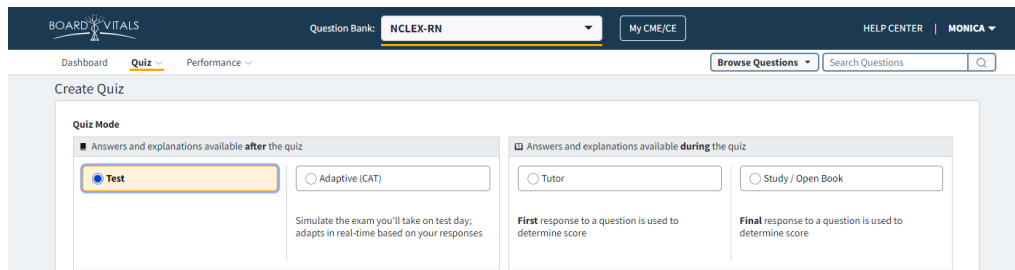


The interface shows the "Select Question Banks" section. At the top, there's a "Question Bank" dropdown menu set to "NCLEX-RN" and a "My CME/CE" button. Below this is a "Browse Questions" button and a search bar. The main content area is titled "Select Question Banks" and includes the instruction "To get started, favorite at least one question bank". Under "Covenant Health System Texas", there are two sections: "Allied Health" with checkboxes for "ARRT Mock Exam", "ARRT Radiography", "CST Mock Exam", and "Surgical Technologist"; and "Nurse / Advance Practice Nurse" with checkboxes for "NCLEX-PN" and "NCLEX-RN". The "NCLEX-RN" checkbox is selected. On the right, a summary box shows "1 Question bank(s)" and a "Go to Dashboard" button.

5. Select New Custom Quiz



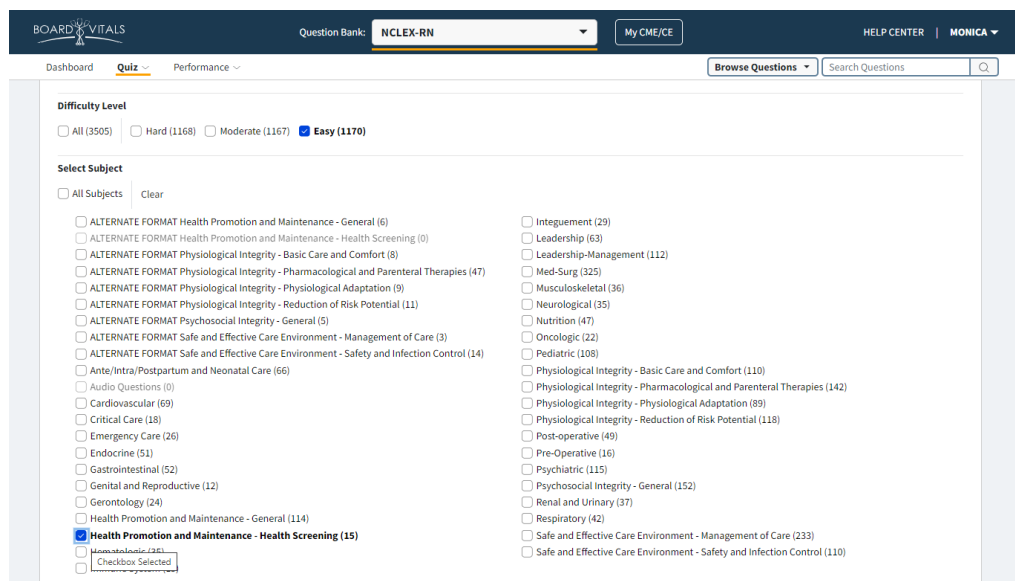
6. Choose your Quiz Mode (Explanations of each provided)



7. Determine desired difficulty level (In this example, Easy was selected)



8. Select Subjects (In this example, Health Promotion and Maintenance – Health Screening was selected. There are 15 available questions)



9. Select the number of questions (In this instance, based on the top selected, 15 questions is max)
10. Select Time Mode: Untimed or Timed
11. Complete Quiz Name: NCLEX-RN and date is the default.

Number of Questions (Max 15)
Questions Available (15)
10 25 15

Timed Mode
☒ Untimed ☐ Timed

Quiz Name
NCLEX-RN 08-19-2022

Start Quiz

12. Take the quiz (number of questions was changed to 1 for purposes of this tutorial)
13. After completing quiz, select Grade

BOARDVITALS Question Bank: NCLEX-RN My CME/CE HELP CENTER MONICA

Dashboard Quiz Performance

NCLEX-RN 08-19-2022 1 of 1 questions

Highlight Selftest Calculator Lab Values Note Mark

A nurse is providing diabetic teaching to an overweight client who was recently diagnosed with type 2 diabetes. What has the greatest impact on achieving normal blood glucose levels?

☒ A. Weight loss
☐ B. Avoiding foods high in potassium
☐ C. Taking oral antidiabetic medications 2 hours prior to meals
☐ D. Decreasing the number of exercise sessions per week
☐ E. Increasing intake of carbohydrates

Grade

Challenge a Friend
Question Feedback

14. Review grade summary for strengths and opportunities

BOARDVITALS Question Bank: NCLEX-RN My CME/CE HELP CENTER MONICA

Dashboard Quiz Performance

See all past quizzes

NCLEX-RN 08-19-2022
Monica Miller | basketball_wife@yahoo.com
August 19, 2022 | 1 Questions | Completed In 0:29 | Difficulty Level: Easy

Review Questions

Overall Performance

Score 100%

Correct 1
Incorrect 0
Unanswered 0

Response Time
Your Average 0:29
Board Exam Average 1:21

Subject	Correct	Incorrect	Unanswered	# of Qs	Avg Time
Health Promotion and Maintenance Health Screening	1	0	0	1	0:29
Med-Surg	1	0	0	1	0:29

Focused Questions:

1. Browse Questions:
2. Enter the keyword – using “part” of the word will illicit more questions. For example, hyperten will result in more questions because it will pull questions with hypertension, hypertensive, etc.
3. Questions to be added to quiz can be selected.

BOARD OF VITALS

Question Bank: NCLEX-RN My CME/CE HELP CENTER MONICA

Dashboard Quiz Performance

Browse Questions hypertension

Create Quiz

Quiz Mode

Answers and explanations available after the quiz

Test Adaptive (CAT)

Simulate the exam you'll take on test day; adapts in real-time based on your responses

Answers and explanations available during the quiz

Tutor Study / Open Book

First response to a question is used to determine score

Final response to a question is used to determine score

BOARD OF VITALS

Question Bank: NCLEX-RN My CME/CE HELP CENTER MONICA

Dashboard Quiz Performance

Browse Questions Search Questions

hypertension Subjects

Question Status Difficulty Marked

hypertension

Results: 133 Questions Clear All Filters

Question	Question preview	Subject	Status	Difficulty	Mark
☐	A client is admitted after an MVC resulting in spinal cord injury with paraplegia. The nurse recognizes that which of the following will be an early problem for this client?	Physiological integrity - Reduction of Risk Potential, Neurological	Unanswered	Easy	1 ¹
☐	A nurse in the emergency department is caring for a client with alcohol dependence who was admitted for abdominal pain. The client begins to vomit dark, coffee-appearing emesis. Which of the follow...	Critical Care, Physiological integrity - Physiological Adaptation, Gastrointestinal, 1 more	Unanswered	Moderate	1 ¹
☐	The nurse is charting findings from a client with colitis, which of the following findings are specifically related to the client's diagnosis? (Select all that apply.)	Gastrointestinal, ALTERNATE FORMAT Physiological integrity - Physiological Adaptati...	Unanswered	Hard	1 ¹
☐	A nurse in a clinic is caring for a client who has suspected ovarian cancer. For which of the following proce- dures should the nurse prepare the client?	Health Promotion and Maintenance - General, Med-Surg, Genital and Reproductive, 1 more	Unanswered	Hard	1 ¹
☐	Which of the following findings are most likely when assessing a client with lung cancer and a new diag- nosis of hypernatremia? (Select all that apply.)	Endocrine, Oncologic	Unanswered	Hard	1 ¹
☐	The nurse is caring for a client with partial hypertension. Which of the following are likely to occur with the client's condition? (Select all that apply.)	Gastrointestinal, ALTERNATE FORMAT Physiological integrity - Physiological Adaptati...	Unanswered	Hard	1 ¹
☐	A nurse is assessing a 38-year-old female client who presents for a routine check-up. The client has pri- mary hyperadrenism (Addison's disease) and takes hydrocortisone 20 mg daily since her diagno...	Physiological integrity - Pharmacological and Parenteral Therapies	Unanswered	Hard	1 ¹
☐	Which of the following are symptoms of Grave's disease or hyperthyroidism? (Select all that apply.)	Endocrine, ALTERNATE FORMAT Physiological integrity - Physiological Adaptation	Unanswered	Hard	1 ¹
☐	A nurse is teaching a class to young women on contraception. When instructing the class about oral estro- gen-progestin contraceptives, the nurse stresses to the participants that which of the follow...	Endocrine, Health Promotion and Maintenance - General, Med-Surg, 1 more	Unanswered	Moderate	1 ¹
☐	A nurse is preparing to administer oxytocin to a client to stimulate uterine contractions. Which of the fol- lowing actions should the nurse plan to take? (Select all that apply.)	ALTERNATE FORMAT Physiological integrity - Pharmacological and Parenteral Therapies, ...	Unanswered	Moderate	1 ¹
☐	When receiving a transfusion of packed red blood cells, a male client begins to vomit and becomes hy- potensive with a blood pressure of 88/52 mmHg, a drop from his baseline BP of 120/90 mmHg. His am...	Hematologic, Physiological integrity - Pharmacological and Parenteral Therapies	Unanswered	Hard	1 ¹
☐	A nurse is assessing a client with heart failure who has presented to an outpatient clinic complaining of a	Cardiovascular, Physiological integrity -	Unanswered	Easy	1 ¹