

****Additional Meds for First Clinical Week Only:**

1. Metoprolol
2. insulin lispro (Humalog)
3. Vancomycin
4. insulin glargine (Lantus)
5. Prednisone

Medication Workup:

Write up each medication your patient has received between 0700-1400 on Tuesday. The medications are to be written up, completely on the Medication Worksheets provided with your clinical packet.

South 5 Clinical: Important Numbers

Mrs. Howard's Cell **806-543-3807**

Student room: 54392

If you are needing to be absent, please text myself and Mrs Duriex 806-535-1199.

On unit. Meet in student room with Mrs. Howard to get nurse assignment. Locate TPCN. Introduce yourself and let the nurse know that you will be doing assessments, AM care, and passing meds with them or with your instructor.

Report – Nurses on South 5 do a bedside report. Try to listen to report with TPCN. (You may have to ask the TPCN if you can make a copy of the Kardex before report.) The TPCN can give you an individual report and a copy of the Kardex. ***MAKE SURE you do not take any patient identifying information home with you. Discard any identifying info in the confidential bin before leaving the unit.**

You may NEVER give medications without a licensed nurse present. Mrs. Howard will try to pass meds with each student during the week Check vitals and record in the electronic medical record (EMR). (Needs to be in the computer ASAP.) Report vitals for each of your patients to your TPCN. Vitals and physical assessments are done q 4 hrs.

Vital signs need to be obtained and charted by 0800 and before leaving for lunch. Be respectful of your nurse's property and return anything you may borrow (tympanic thermometer, O2 monitor, etc.)

Perform your physical assessment. Do not put it off. Early physical assessment establishes our baseline of how the patient was doing first thing in the morning. You may have to wake your patient. **Do not wait because your patient is asleep.**

IMPORTANT: I encourage each of you to seek out learning opportunities. Utilize your TPCN for information and opportunity seeking. Do not camp in the conference room, at the nurses' station, or sit idly. Do not work on school assignments during clinical hours. Answer call lights and assist fellow classmates and other staff with their duties. If you are going to give medications with your nurse, as I

encourage you to do, be prepared to answer any questions I may have about the medications you administered.

Be sure to write your name on pt's communication board in room.

Breakfast is usually served around 0730-0800. Encourage your patient to get up to the chair for meals. This allows you the opportunity to clean up their bedding.

You are responsible for bathing your patient. Patients are only to receive bed baths if there are specific orders for bedrest. NOTE: **Do NOT leave patient room while patient is in the shower.** If the patient is wearing oxygen be sure you have adequate extension tubing or a portable tank so they can wear it in the shower. The nurse/student should assist pt to and from the bathroom.

The patients are taken off telemetry when they go to the shower (or off the unit for tests). Please let the Monitor Tech know when you are going to take the patient off telemetry

The EKG pads are changed daily – usually done at shower time. You can find these on the CS carts.

Continue with AM care/treatments and whenever possible, offer help to other students and staff. (This really helps promote improved relationships between staff and students.) Answer call lights when possible. Check to see if your classmates need help. Nursing is a profession involving a lot of teamwork.

Begin vitals and accudatas. (Noon vitals can be done after 1100 and must be posted by 1200.) Finish up AM care. Accudatas can be taken at 1030.

Lunchtime for patients is around 1130-1200. Please help your patients up to the chair and to get their side table ready for lunch before you take your break.

Be sure to inform TPCN when you leave for lunch. We normally will go down to lunch together. If your fellow students need assistance to get caught up, please help them instead of sitting around waiting for lunch.

Finish any tasks/procedures you have left for your patient. Clean patient's room and leave clean and orderly. Be sure your patient has fresh water, Kleenex, etc. During this time if we are caught up and have extra time we will look for procedures we can do. Remember...our first priority is the patients we are assigned. There will be lots of opportunities for procedures on S5. We have to make sure our patient's needs are met first.

DO NOT LEAVE THE FLOOR FOR ANY REASON WITHUT NOTIFYING YOUR INSTRUCTOR.

This is a wonderful place to work and learn!!