

Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Women's Health

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Consider the health care needs and barriers for women of disparity
- Summarize risk factors, preventative screenings, diagnostic procedures, treatments, nursing assessments and interventions for common conditions in women's health
- Examine emotional and physical changes related to menstrual disorders, benign breast disorders, pelvic relaxation, menopause; the management options, and nursing considerations for each
- Discuss the most common infectious, benign and malignant disorders of the reproductive tract in terms of signs and symptoms, management, and nursing considerations
- Describe the role of the nurse in assessment, prevention, and intervention for victims of violence

Pre-Class Preparation

Required:

- Foundations of Maternal Newborn and Women's Health Nursing (7th ed.)
Chapter 2: Social, Ethical and Legal Issues – section on Intimate Partner Violence and Human Trafficking pgs.29-34
Chapter 27: Women's Health pgs. 737-747, 751-756, Menopause 757-760, Pelvic Floor Dysfunctions 762-774
- HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.)
Ch.3 Advanced clinical concepts section on HIV pp. 59-64,
Ch. 4 Medical Surgical Nursing section on Women's Reproductive System pp. 177-180, and STD's pp 183-184.
- HESI Clinical Skills: Skills for Nursing Collection - Maternal Newborn Collection
Dilatation and Curettage - review and complete skills quiz
- HESI Clinical Skills: Skills for Nursing Collection – Emergency
Sexual Assault Examination – review and complete skills quiz
- HESI Case Studies: Community Health
Herpes Simplex Virus

Additional Resources:

Learning Activities

- Classroom Activities:
- Lecture
- Discussion
- Case Study
- In Class Role Play STI's Clinical Nurse Role Activity

Laboratory/Clinical Activities:

Clinical/Community Rotations:

Out of Classroom Work

- HESI Clinical Skills: Skills for Nursing Collection - Maternal Newborn Collection
Dilatation and Curettage - review and complete skills quiz
- HESI Clinical Skills: Skills for Nursing Collection – Emergency
Sexual Assault Examination – review and complete skills quiz
- HESI Case Studies: Community Health
Herpes Simplex Virus

Evaluation Methods

- HESI Proctored Exam
- Clinical Performance Evaluation
- Unit 4 Exam

Texas DEC's

QSEN Competencies

Knowledge IA 1a-c, 2, 3, IB 1a-e, 2a-b, 3, 7a-c, IC 2, ID 4, 5, IIA 1a-b, 2a-c, 3, IIB 1, 2, 3, 4, 5, 6, 7, 9, 11, 12, IIC 1a-b, 2a-b, 3, 4a-b, 5, 6, 7, 8, IID 1a-d, 2, 3a-b, 5a-b, IIE 1a-b, 2, 3a-b, 4a-b, 5, 6a-b, 7, 8, 9, 11a-b, 12, 13, IIF 2, IIG 1a-b, 2a-b, 3a-b, IIIA 2, 3, IIIB 1a-b, 2, 3, IVA 1a-b, 2, 4a-b, 5a, IVB 1a-b, 2a-b, 4, IV C 1, 3, 4a-b, 5, 6, 7, 8, Clinical Judgment IA1, 2, 3b, IB1, 2a-c, 3a-c, 5a&c, 6b&c, 7, 8, 9, IC 5, ID4, IIA 1, 2a-c, 3, 4, IIB 1, 2, 3a-b, 4, 5, 6, 7, 8, 9a-b, IIC 1, 2, 3a-b, 4, 5, 6, 7, IID 1, 2a-d, 3a-c, IIE 1, 2a-c, 3a-b, 4, 5a-b, 6a-d, 7a-c, 8, 9, 11, 12a-b, 13, IIF1a-c, 2a-b, 3a-b, 4, 5a-c, 6, IIG1, 2a-b, 3, 4, 5a-b, 6, 7, IIH 6, IIIA 3, 4, IIIB1, 2, 3a-c, 5, 9, IIIC 1, 2a-b, 3, IVA 1, 2a-b, 3. IVB 1a-b, 2, 3a-c, 4, 5a-b, IVC 1a-c, 2a-c, 3a-b, 4,	Patient Centered Care, Teamwork & Collaboration, Evidence Based Practice, Safety
IM Student Learning Outcomes	NCLEX Test Plan
1/2/3/4/5/6/7/8	Safe & Effective Care Environment, Health Promotion & Maintenance, Psychosocial Integrity, Physiological Integrity
Concepts	Faculty
Clinical Judgment, Communication, Health Promotion, Patient Education, Teamwork & Collaboration, Ethics & Legal Precepts, Evidence-Based Practice, Health Information Technology, Patient-Centered Care, Safety, Cellular Regulation, Clotting, Comfort, Elimination, Fluid & Electrolyte Balance, Functional Ability, Metabolism, Nutrition, Reproduction, Sexuality, Sleep, Thermoregulation, Coping, Grief, Human Development	Donna Neel, MSN, RNC-OB, C-EFM, CA/CP SANE, AFN-BC, SANE A, SANE P
Date originated: 9/7/15	Revision Dates: 11/16/15, 5/31/16, 12/1/16, 11/27/17, 5/4/18, 12/4/18, 12/11/19, 1/25/21, 6/4/21, 3/10/21, 7/30/22

Instructional Mod 6 Learning Guide Topic: **Women's Health** cont'd

CSON Learning Guide (adopted 5-2015 by Faculty vote) - adapted from Smith, R. M. *Conquering the Content*. San Francisco: Jossey-Bass, 2008.