

**Covenant School of Nursing
Instructional Module 6 Learning Guide
Topic: Postpartum Nursing**

Learning Goals/Outcomes	
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> Describe the physiological changes, nursing assessments, and interventions used to care for the postpartum mother Describe predisposing factors, causes, signs, and symptoms of postpartum complications, and the nursing assessments and interventions for each Compare the postpartum nursing assessments and intervention for the vaginal and cesarean birth Describe family adaptation to childbirth, culture influences on adaptation, and the nursing assessment and intervention to assist families in family adaptation Describe the process of lactation, its benefits, common problems, the nursing assessments, and interventions that promote breastfeeding Examine the nurse's role when a mother places her infant for adoption 	
Pre-Class Preparation	
<p>Required:</p> <ul style="list-style-type: none"> Foundations of Maternal-Newborn and Women's Health Nursing (7th ed.) Chapter 11: The Childbearing Family with Special Needs - section on Adolescent Pregnancy pgs. 271-277, Adoption pgs. 291-292 and Postpartum Depression pgs. 293-295 Chapter 17: Postpartum Adaptation and Nursing Care pgs.458-493 Chapter 18: Postpartum Maternal Complications pgs. 495-515 Chapter 22: Infant Feeding – Breast Milk & Breastfeeding sections only pgs. 607-627 HESI Comprehensive Review for the NCLEX-RN Examination (6th ed.) Ch. 6. Antepartum Nursing Care: Normal Postpartum pg. 272-279 HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection-review and complete quiz Assessment: Postpartum Patient Cesarean Delivery Recovery Animation Breastfeeding Education HESI RN Case Studies: Obstetric/Maternity – review and complete quiz Postpartum <p>Additional Resources:</p>	
Learning Activities	
<p>Classroom Activities:</p> <ul style="list-style-type: none"> Lecture/Discussion/Videos Case Study <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> Clinical/Community Rotations Out of Class/Computer Assisted Activities: HESI Clinical Skills: Skills for Nursing Collection-Maternal Newborn Collection - review and complete quiz Assessment Postpartum Patient Cesarean Delivery Recovery Breastfeeding Education HESI RN Case Studies: Obstetric/Maternity – review and complete quiz Postpartum 	
Evaluation Methods	
<ul style="list-style-type: none"> Clinical Performance Evaluation HESI Proctored Exam Unit 2 Exam 	
<i>Texas DECs</i>	<i>QSEN Competencies</i>
Knowledge	Patient Centered Care, Teamwork

IA 1a-c, 2, 3, IB 1a-e, 2a-b, 3, 7a-c, IC 2, 3, ID 4, IIA 1a-b, 2a-c, 3, IIB 1, 2, 3, 4, 5, 6, 7, 8, 9, 11, 12, IIC 1a-b, 2a-b, 3, 4a-b, 5, 6, 7, 8, IID 1a-d, 2, 3a-b, 4c, 5a-b, IIE 1a-b, 2, 3a-b, 4a-b, 5, 6a-b, 7, 8, 9, 11a-b, 12, 13, IIF 2, IIG 1a-b, 2a-b, 3a-b, IIIA 2, 3, IIIB 1a-c, 2, IVA 1a-b, 2, 3b, 4a-b, 5a, IVB 1a-b, 2a-b, 4, IVC1, 2, 3, 4a-b, 5, 6, 7, 8 Clinical Judgment IA1, 2, 3b, IB 1, 2a-c, 3a-c, 5c, 6b-c, 7, 8, 9, ID 1, 2, IIA 1, 2a-c, 3, 4, IIB 1, 2, 3a-b, 4, 5, 6, 7, 8, 9a-b, IIC 1, 2, 3a-b, 4, 5, 6, 7, IID 1, 2a-d, 3a-c, IIE 1, 2a-c, 3a-b, 4, 5a-b, 6a-d, 7a-c, 8, 9, 11, 12a-b, 13, IIF1a-c, 2a-b, 3a-b, 4, 5a-c, 6, IIG1, 2a-b, 3, 4, 5a-b, 6, 7, IIIA 3, 4, IIIB1, 2, 3a-c, 5, 9, IIIC 1, IVA 1, 2a-b, 3, IVB 1a-b, 2, 3a-c, 4b, 5a-b, IVC 1a-c, 2a-c, 3a-b, 4,	&Collaboration, Evidence Based Practice, Safety,
IM Student Learning Outcomes	NCLEX Test Plan
1/2/3/4/5/6/7/8	Safe & Effective Care Environment, Health Promotion & Maintenance, Psychosocial Integrity, Physiological Integrity
Concepts	Faculty
Clinical Judgment, Communication, Health Promotion, Patient Education, Teamwork & Collaboration, Ethics & Legal Precepts, Evidence-Based Practice, Health Information Technology, Patient-centered care, Safety, Cellular Regulation, Clotting, Comfort, Elimination, Fluid & Electrolyte Balance, Functional ability, Immunity, Functional Metabolism, Mobility, Nutrition, Perfusion, Reproduction, Sexuality, Sleep, Thermoregulation, Tissue integrity, Coping, Grief, Human Development	Donna Neel, MSN, RNC-OB, C-EFM, CA/CP SANE, AFN-BC, SANE A, SANE P
Date originated: 7/7/15	Revision Dates: 11/16/15, 5/23/16, 12/1/16, 7/14/17, 11/27/17, 5/4/18, 12/4/18, 6/27/19, 12/11/19, 1/25/21, 6/4/21, 2/2/22, 7/30/22

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Topic: Postpartum Nursing cont'd

CSON Learning Guide (adopted 5-2015 by Faculty vote) - adapted from Smith, R. M. Conquering the Content. San Francisco: Jossey-Bass, 2008.