

Poverty/ACEs Online Activities

"For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me." Matthew 25:35-36

Student Learning Outcomes:

- Examine specialty populations in the community including Poverty.
- Discuss ACEs and their potential effect on behavior, physical and mental health
- "Hard Times Generation: Families living in cars": (15 minutes)

<https://www.youtube.com/watch?v=L2hzRPLVSm4&feature=youtu.be>

- Brain Hero: (3 minutes)

<https://developingchild.harvard.edu/resources/brain-hero/>

- Adverse Childhood Experiences (ACEs): Impact on brain, body and behaviour: (6 minutes)

<https://www.youtube.com/watch?v=W-8jTTIsJ7Q>

- TED Talk — Nadine Burke Harris: How Childhood Trauma Affects Health Across A Lifetime (16 minutes)

https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en

*NOTE: You are required to write a 1-page reflection (11-point Arial or Calibri font, double-spaced) of what you have learned watching the online videos over Poverty and ACEs and how it will impact your nursing practice (20 minutes). You can **email** Mrs. White the final reflection by **Week 1, Thursday by noon** or any time before that date/time.

Additional Resource:

- PBS Frontline movie entitled "Poor Kids" (2017 in top left corner):

<http://www.pbs.org/wgbh/frontline/film/poor-kids/>