Areas that I am strong in include being able to learn visually while watching a task be performed. I am also able to keep my schoolwork organized to make for a better study routine. Areas that I would like to improve in would be being confident in myself when it comes to learning new task. Also making sure that I am studying a little amount of material each night, which in return leaves me not cramming it into one night. One last area I need to improve in, is being able to retain information that I am reading. I have a hard time not getting distracted by my surrounding or own thoughts when it comes to reading.