

How Strong Is Your Character? The Results

[Start Over](#)

Below are the positive character traits that you indicated you have now or would like to have. Think about why each character trait is important and learn some ways to build a stronger character.

Assertive/A Leader

If you are assertive/a leader, you like to take charge and set an example for others.

Questions to Think About

- What qualities do I need to be a good leader?
- How can I be assertive without being bossy?
- In what ways can I be more assertive?

Ways to Become Assertive/A Leader

- Leadership requires good work habits and a strong character.
- Always speak calmly and clearly.
- Be open to ideas other than yours if they help you achieve your goal.

Example Careers for Someone Assertive/A Leader

- Business manager
- Coach
- Labor relations specialist

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Caring/Compassionate

If you are caring/compassionate, you are concerned about people and the world, and you want to help.

Questions to Think About

- Do I care about strangers as much as I do my family and friends?
- How do I react to the people in my life who want me to do well?
- In what situations have I shown compassion?

Ways to Become Caring/Compassionate

- Help people in need.
- Treat people kindly.
- Be sensitive to other people's feelings.

Example Careers for Someone Caring/Compassionate

- Counselor
- Elder care provider
- Nurse

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Communicative

If you are communicative, you find it easy to talk to and listen to others.

Questions to Think About

- What are some of the ways people share information with me?
- What are some of the ways I share information with others?
- How will improving my communication skills help me get ahead?

Ways to Become Communicative

- Make eye contact.
- Be aware of your body language when talking to others.
- Realize that listening is as important as speaking.

Example Careers for Someone Communicative

- Journalist
- Public relations specialist
- Teacher

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Community Focused

If you are community focused, you enjoy giving back to your community, such as the town you live in or the school you go to.

Questions to Think About

- What are some ways I can give back to my town?
- What are some ways I can give back to my school?
- Do I like the direction in which my town or school is headed?

Ways to Become Community Focused

- Participate in your local elections and, when you turn 18, be sure to vote.
- Look into volunteer activities in your town or at your school.
- Get to know the names of your neighbors and classmates.

Example Careers for Someone Community Focused

- Environmentalist
- Ethics officer
- Politician

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Confident

If you are confident, you have belief in yourself and your abilities.

Questions to Think About

- In what areas of my life am I very confident?

- Are there any areas of my life where I lack confidence?
- How can I feel more confident in myself?

Ways to Become Confident

- Make a list of special skills or talents you have.
- Dismiss any self-doubt.
- Speak up for yourself.

Example Careers for Someone Confident

- Lawyer
- Salesperson
- Sports agent

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Cooperative/A Team Player

If you are cooperative/a team player, you have the ability and a willingness to work with others to achieve a common goal.

Questions to Think About

- What are some ways I have cooperated with my teachers?
- Are there ways I can cooperate more with my parents?
- How can I improve my ability to cooperate?

Ways to Become Cooperative/A Team Player

- Have an open mind when opinions differ from yours.
- Focus on ideas rather than on personalities.
- Keep your eye on the goal, regardless of the path the team takes to get there.

Example Careers for Someone Cooperative/A Team Player

- International relations expert
- Government official
- Mediator

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Courteous/Polite

If you are courteous, you show respect and consideration for others.

Questions to Think About

- Who around me treats me with courtesy?
- In what ways am I courteous?
- In what ways can I be more courteous?

Ways to Become Courteous/Polite

- Show the same respect to friends and family that you show to strangers and the elderly.

- Try handwriting a good old-fashioned thank you note.
- Listen to people when they are speaking.

Example Careers for Someone Courteous/Polite

- Customer service provider
- Hotel manager
- Waiter/waitress

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Dependable/Reliable

If you are dependable/reliable, people can count on you.

Questions to Think About

- Do I follow through on my promises?
- How does it make others feel when I do what I say I am going to do?
- Have I ever let anyone down? How?

Ways to Become Dependable/Reliable

- Be punctual.
- Plan ahead so you are always prepared.
- When you give your word that you will do something, do it.

Example Careers for Someone Dependable/Reliable

- Emergency dispatcher
- Financial adviser
- Weatherman

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Diligent

If you are diligent, you will stick to a task until you complete or master it.

Questions to Think About

- Have I ever had to practice to get good at something?
- How will diligence help me succeed in life?
- In what areas of my life do I lack diligence?

Ways to Become Diligent

- Practice, practice, practice.
- Limit distractions and focus on the task at hand.
- Set small goals on your path to a larger achievement.

Example Careers for Someone Diligent

- Accountant
- Computer programmer

- Research analyst

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Focused

If you are focused, you are able to pay attention and avoid distractions.

Questions to Think About

- Is it easy or hard for me to focus on the task at hand?
- What kind of things cause me to lose focus?
- How will being focused help me in life?

Ways to Become Focused

- Plan ahead, so you know what you need to do and when you need to do it.
- Turn off the distractions when you need to get something done.
- Try meditation.

Example Careers for Someone Focused

- Editor
- Surgeon
- Web developer

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Generous

If you are generous, you enjoy giving to others.

Questions to Think About

- What are some things I am able to give?
- What's the last generous thing I did?
- How have I benefited from the generosity of others?

Ways to Become Generous

- Think of some ways you can help the people you know and follow through.
- If your life lacks wealth, you can still give time or some other gift from the heart.
- Start small. Being generous can be as simple as giving a smile to someone who needs it.

Example Careers for Someone Generous

- Estate planner
- Pastor
- Social worker

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Honest

If you are honest, you tell the truth—every day of your life.

Questions to Think About

- Am I an honest person?
- Do other people consider me honest?
- Under what circumstances do I lie or distort the truth?

Ways to Become Honest

- No lying. No cheating. No stealing.
- If your honesty may hurt someone's feelings, be sure to speak with kindness.
- Being honest does not mean you need to bare your soul. It's OK to maintain privacy.

Example Careers for Someone Honest

- Bank manager
- Child care provider
- District attorney

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Humble

If you are humble, you are confident but know you have more to learn.

Questions to Think About

- In what ways can I learn and grow?
- Where do I draw the line between confidence and overconfidence?
- Have I ever been overconfident?

Ways to Become Humble

- Recognize that everyone has strengths and weaknesses, including you.
- Appreciate how others have contributed to your successes.
- Be objective and don't make comparisons. (Use "good" or "bad," not "better" or "worse.")

Example Careers for Someone Humble

- Customer service representative
- Personal assistant
- Politician

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Kind/Considerate

If you are kind/considerate, you are nice to those around you.

Questions to Ask Yourself

- Who are some of the kindest people I know?
- Do I treat others the way I want to be treated?
- How do I get people to treat me with kindness?

Ways to Become Kind/Considerate

- Being kind is not motivated by self-interest.
- Love people for who they are—both positive and negative.
- Be available. Make time in your life to spend with others.

Example Careers for Someone Kind/Considerate

- Funeral director
- Tour guide
- Veterinarian

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Loyal

If you are loyal, you will stand by someone or something even when times get tough.

Questions to Ask Yourself

- Do I value loyalty?
- Of my friends, whom do I consider most loyal?
- Has anyone ever questioned my loyalty?

Ways to Become Loyal

- Loyalty may sometimes require you to put yourself second.
- Loyalty does not mean you have to compromise your beliefs or principles.
- Appreciate and reward loyalty in others.

Example Careers for Someone Loyal

- Administrative assistant
- Assistant coach
- Spokesperson

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Motivated

If you are motivated, you take action without being reminded or prompted.

Questions to Ask Yourself

- What kinds of things motivate me?
- Do I consider motivation a positive character trait?
- In what areas of my life do I have no motivation at all?

Ways to Become Motivated

- Like the old adage says, "One step leads to another." Just take one step.
- Surround yourself with motivated people.
- Stuck in a rut? Switch up your routine.

Example Careers for Someone Motivated

- Agent

- Entrepreneur
- Marketing executive

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Observant

If you are observant, you know what's going on around you.

Questions to Ask Yourself

- How aware am I of things happening around me?
- Are there certain things that I am more in tune with than others?
- Do I think it's important to be observant?

Ways to Become Observant

- Start paying attention and taking mental notes.
- Look around you, not just straight ahead.
- Use all five senses—sight, hearing, taste, smell, touch.

Example Careers for Someone Observant

- Crime scene investigator
- Photographer
- Stockbroker

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Optimistic

If you are optimistic, you have a positive outlook and think things will turn out well.

Questions to Ask Yourself

- Do people turn to me when they are down?
- Do I see the glass as half full or half empty?
- Why is it good for me to be optimistic?

Ways to Become Optimistic

- Hang out with optimistic people.
- Believe in your abilities.
- Don't "catastrophize" problems that are not catastrophes.

Example Careers for Someone Optimistic

- Advertising executive
- Archeologist
- Nutritionist

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Patient

If you are patient, you are able to wait without whining or complaining.

Questions to Ask Yourself

- Do I know more people who are patient or more who are impatient?
- Do I find it difficult to be patient?
- How do I show when I'm impatient?

Ways to Become Patient

- Practice. Patience actually takes a long time to develop.
- Take a moment and breathe.
- Stay focused on the goal.

Example Careers for Someone Patient

- Electrician
- Landscaper
- Truck driver

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Respectful

If you are respectful, you have regard for other people's feelings or possessions.

Questions to Ask Yourself

- Do I have respect for others?
- How do I show respect?
- Under what circumstances am I disrespectful?

Ways to Become Respectful

- Ask permission when using anything that does not belong to you.
- Speak with intention.
- Be courteous and polite.

Example Careers for Someone Respectful

- Housekeeper
- Relocation specialist
- Therapist

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Responsible

If you are responsible, you take control of your actions and your obligations.

Questions to Ask Yourself

- Do I accept responsibility for my actions?
- In what ways do I need to be more responsible?
- Do I think it's ever OK to point the finger at others?

Ways to Become Responsible

- Don't make excuses. Take ownership.
- Don't agree to do more than you think you can handle.
- Be punctual and have follow-through.

Example Careers for Someone Responsible

- Accountant
- Data security officer
- Paramedic

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Sincere

If you are sincere, you speak or act "from the heart" and really mean it.

Questions to Ask Yourself

- Am I always my authentic self, or am I sometimes "fake"?
- Do others think of me as sincere?
- How do I show people I am sincere?

Ways to Become Sincere

- Don't do it or say it unless you believe it.
- Behave the same way around everyone.
- Don't look to others to validate your self-worth.

Example Careers for Someone Sincere

- Conservationist
- Social worker
- Therapist

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Trustworthy

If you are trustworthy, others know they can confide in you.

Questions to Ask Yourself

- Who is the most trustworthy person in my life?
- In what ways do I show I am trustworthy?
- How will being trustworthy help me succeed?

Ways to Become Trustworthy

- Don't gossip.
- Don't over-promise on your skills or capabilities.
- Remember, once you lose trust, it is very difficult to regain.

Example Careers for Someone Trustworthy

- Accountant

- Health care provider
- Pastor