

[Career Plannin](#)

How Strong Is Your Character? The Results

Below are the positive character traits that you indicated you have now or would like to have. Think about why each character trait is important and learn some ways to build a stronger character.

Caring/Compassionate

If you are caring/compassionate, you are concerned about people and the world, and you want to help.

Questions to Think About

- Do I care about strangers as much as I do my family and friends?
- How do I react to the people in my life who want me to do well?
- In what situations have I shown compassion?

Ways to Become Caring/Compassionate

- Help people in need.
- Treat people kindly.
- Be sensitive to other people's feelings.

Example Careers for Someone Caring/Compassionate

- Counselor
- Elder care provider
- Nurse

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Communicative

If you are communicative, you find it easy to talk to and listen to others.

Questions to Think About

- What are some of the ways people share information with me?
- What are some of the ways I share information with others?
- How will improving my communication skills help me get ahead?

Ways to Become Communicative

- Make eye contact.
- Be aware of your body language when talking to others.
- Realize that listening is as important as speaking.

Example Careers for Someone Communicative

- Journalist
- Public relations specialist
- Teacher

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Cooperative/A Team Player

If you are cooperative/a team player, you have the ability and a willingness to work with others to achieve a common goal.

Questions to Think About

- What are some ways I have cooperated with my teachers?
- Are there ways I can cooperate more with my parents?
- How can I improve my ability to cooperate?

Ways to Become Cooperative/A Team Player

- Have an open mind when opinions differ from yours.
- Focus on ideas rather than on personalities.
- Keep your eye on the goal, regardless of the path the team takes to get there.

Example Careers for Someone Cooperative/A Team Player

- International relations expert
- Government official
- Mediator

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Courteous/Polite

If you are courteous, you show respect and consideration for others.

Questions to Think About

- Who around me treats me with courtesy?
- In what ways am I courteous?
- In what ways can I be more courteous?

Ways to Become Courteous/Polite

- Show the same respect to friends and family that you show to strangers and the elderly.
- Try handwriting a good old-fashioned thank you note.
- Listen to people when they are speaking.

Example Careers for Someone Courteous/Polite

- Customer service provider
- Hotel manager
- Waiter/waitress

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Dependable/Reliable

If you are dependable/reliable, people can count on you.

Questions to Think About

- Do I follow through on my promises?
- How does it make others feel when I do what I say I am going to do?
- Have I ever let anyone down? How?

Ways to Become Dependable/Reliable

- Be punctual.
- Plan ahead so you are always prepared.
- When you give your word that you will do something, do it.

Example Careers for Someone Dependable/Reliable

- Emergency dispatcher
- Financial adviser
- Weatherman

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Diligent

If you are diligent, you will stick to a task until you complete or master it.

Questions to Think About

- Have I ever had to practice to get good at something?
- How will diligence help me succeed in life?
- In what areas of my life do I lack diligence?

Ways to Become Diligent

- Practice, practice, practice.
- Limit distractions and focus on the task at hand.
- Set small goals on your path to a larger achievement.

Example Careers for Someone Diligent

- Accountant
- Computer programmer
- Research analyst

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Disciplined

If you are disciplined, you have self-control of your actions.

Questions to Think About

- Is practicing discipline difficult or easy for me?
- Should I make more of an effort to be disciplined?
- Do others think I am disciplined?

Ways to Become Disciplined

- Do the hardest step first.
- Document your actions to identify your strengths and weaknesses.
- Be patient. Good things come to those who wait.

Example Careers for Someone Disciplined

- Freelancer
- Musician
- Real estate agent

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Enthusiastic

If you are enthusiastic, you are interested in and care about what you are doing.

Questions to Think About

- What am I enthusiastic about?
- How do I show my enthusiasm?
- How can enthusiasm help me achieve my long-term goals?

Ways to Become Enthusiastic

- Make sure you always have an activity to look forward to.
- Surround yourself with enthusiastic people. (It's contagious!)
- Appreciate everything you have.

Example Careers for Someone Enthusiastic

- Motivational speaker
- Personal trainer
- Physical therapist

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Fair/Impartial

If you are fair/impartial, you are able to look at a situation without taking sides.

Questions to Think About

- In what situations is it important I remain fair?
- Do I find it difficult to be fair?
- How will remaining fair help me in life?

Ways to Become Fair/Impartial

- Look at the whole picture, not just one aspect of it.
- Do your best to separate feelings and facts.
- If you have a personal stake in the outcome, don't get involved.

Example Careers for Someone Fair/Impartial

- Judge
- Medical examiner
- Reporter

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Focused

If you are focused, you are able to pay attention and avoid distractions.

Questions to Think About

- Is it easy or hard for me to focus on the task at hand?
- What kind of things cause me to lose focus?

- How will being focused help me in life?

Ways to Become Focused

- Plan ahead, so you know what you need to do and when you need to do it.
- Turn off the distractions when you need to get something done.
- Try meditation.

Example Careers for Someone Focused

- Editor
- Surgeon
- Web developer

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Generous

If you are generous, you enjoy giving to others.

Questions to Think About

- What are some things I am able to give?
- What's the last generous thing I did?
- How have I benefited from the generosity of others?

Ways to Become Generous

- Think of some ways you can help the people you know and follow through.
- If your life lacks wealth, you can still give time or some other gift from the heart.
- Start small. Being generous can be as simple as giving a smile to someone who needs it.

Example Careers for Someone Generous

- Estate planner
- Pastor
- Social worker

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Honest

If you are honest, you tell the truth—every day of your life.

Questions to Think About

- Am I an honest
- person?
- Do other people consider me honest?

Under what circumstances do I lie or distort the truth?

Ways to Become Honest

- No lying. No cheating. No stealing.
- If your honesty may hurt someone's feelings, be sure to speak with kindness.
- Being honest does not mean you need to bare your soul. It's OK to maintain privacy.

Example Careers for Someone Honest

Bank manager

- Child care provider
- District attorney

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Humble

If you are humble, you are confident but know you have more to learn.

Questions to Think About

- In what ways can I learn and grow?
- Where do I draw the line between confidence and overconfidence?
- Have I ever been overconfident?

Ways to Become Humble

- Recognize that everyone has strengths and weaknesses, including you.
- Appreciate how others have contributed to your successes.
- Be objective and don't make comparisons. (Use "good" or "bad," not "better" or "worse.")

Example Careers for Someone Humble

- Customer service representative
- Personal assistant
- Politician

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Kind/Considerate

If you are kind/considerate, you are nice to those around you.

Questions to Ask Yourself

- Who are some of the kindest people I know?
- Do I treat others the way I want to be treated?
- How do I get people to treat me with kindness?

Ways to Become Kind/Considerate

- Being kind is not motivated by self-interest.
- Love people for who they are—both positive and negative.
- Be available. Make time in your life to spend with others.

Example Careers for Someone Kind/Considerate

- Funeral director
- Tour guide
- Veterinarian

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Loyal

If you are loyal, you will stand by someone or something even when times get tough.

Questions to Ask Yourself

- Do I value loyalty?
- Of my friends, whom do I consider most loyal?
- Has anyone ever questioned my loyalty?

Ways to Become Loyal

- Loyalty may sometimes require you to put yourself second.
- Loyalty does not mean you have to compromise your beliefs or principles.
- Appreciate and reward loyalty in others.

Example Careers for Someone Loyal

- Administrative assistant
- Assistant coach
- Spokesperson

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Motivated

If you are motivated, you take action without being reminded or prompted.

Questions to Ask Yourself

- What kinds of things motivate me?
- Do I consider motivation a positive character trait?
- In what areas of my life do I have no motivation at all?

Ways to Become Motivated

- Like the old adage says, "One step leads to another." Just take one step.
- Surround yourself with motivated people.
- Stuck in a rut? Switch up your routine.

Example Careers for Someone Motivated

- Agent
- Entrepreneur
- Marketing executive

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Observant

If you are observant, you know what's going on around you.

Questions to Ask Yourself

- How aware am I of things happening around me?
- Are there certain things that I am more in tune with than others?
- Do I think it's important to be observant?

Ways to Become Observant

- Start paying attention and taking mental notes.
- Look around you, not just straight ahead.

- Use all five senses—sight, hearing, taste, smell, touch.

Example Careers for Someone Observant

- Crime scene investigator
- Photographer
- Stockbroker

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Patient

If you are patient, you are able to wait without whining or complaining.

Questions to Ask Yourself

- Do I know more people who are patient or more who are impatient?
- Do I find it difficult to be patient?
- How do I show when I'm impatient?

Ways to Become Patient

- Practice. Patience actually takes a long time to develop.
- Take a moment and breathe.
- Stay focused on the goal.

Example Careers for Someone Patient

- Electrician
- Landscaper
- Truck driver

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Resourceful

If you are resourceful, you are able to find a way to get things done even when facing obstacles.

Questions to Ask Yourself

- Do I think it's important to be resourceful?
- In what situations have I had to be resourceful?
- Are any of my friends resourceful people?

Ways to Become Resourceful

- Pinpoint the specific problem, not just the result of the problem.
- Try working through the problem backwards. Identify your goal first.
- Trial and error is sometimes the best approach.

Example Careers for Someone Resourceful

- Engineer
- Salesperson
- Writer

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Respectful

If you are respectful, you have regard for other people's feelings or possessions.

Questions to Ask Yourself

- Do I have respect for others?
- How do I show respect?
- Under what circumstances am I disrespectful?

Ways to Become Respectful

- Ask permission when using anything that does not belong to you.
- Speak with intention.
- Be courteous and polite.

Example Careers for Someone Respectful

- Housekeeper
- Relocation specialist
- Therapist

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Responsible

If you are responsible, you take control of your actions and your obligations.

Questions to Ask Yourself

- Do I accept responsibility for my actions?
- In what ways do I need to be more responsible?
- Do I think it's ever OK to point the finger at others?

Ways to Become Responsible

- Don't make excuses. Take ownership.
- Don't agree to do more than you think you can handle.
- Be punctual and have follow-through.

Example Careers for Someone Responsible

- Accountant
- Data security officer
- Paramedic

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Sincere

If you are sincere, you speak or act "from the heart" and really mean it.

Questions to Ask Yourself

- Am I always my authentic self, or am I sometimes "fake"?
- Do others think of me as sincere?
- How do I show people I am sincere?

Ways to Become Sincere

- Don't do it or say it unless you believe it.
- Behave the same way around everyone.
- Don't look to others to validate your self-worth.

Example Careers for Someone Sincere

- Conservationist
- Social worker
- Therapist

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If you are trustworthy, others know they can confide in you.

Questions to Ask Yourself

- Who is the most trustworthy person in my life?
- In what ways do I show I am trustworthy?
- How will being trustworthy help me succeed?

Ways to Become Trustworthy

- Don't gossip.
- Don't over-promise on your skills or capabilities.
- Remember, once you lose trust, it is very difficult to regain.

Example Careers for Someone Trustworthy

- Accountant
- Health care provider
- Pastor

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What's Your Learning Style? The Results

Kameron Riddle's scores:

- Auditory: 30%
- Visual: 35%
- Tactile: 35%

You are a **Visual/Tactile** learner! Check out the information below, or [view all of the learning styles](#).

Visual

If you are a visual learner, you learn by reading or seeing pictures. You understand and remember things by sight. You can picture what you are learning in your head, and you learn best by using methods that are primarily visual. You like to see what you are learning.

As a visual learner, you are usually neat and clean. You often close your eyes to visualize or remember something, and you will find something to watch if you become bored. You may have difficulty with spoken directions and may be easily distracted by sounds. You are attracted to color and to spoken language (like stories) that is rich in imagery.

Here are some things that visual learners like you can do to learn better:

- Sit near the front of the classroom. (It won't mean you're the teacher's pet!)
- Have your eyesight checked on a regular basis.
- Use flashcards to learn new words.
- Try to visualize things that you hear or things that are read to you.
- Write down key words, ideas, or instructions.
- Draw pictures to help explain new concepts and then explain the pictures.
- Color code things.
- Avoid distractions during study times.

Remember that you need to **see** things, not just hear things, to learn well.

Tactile

If you are a tactile learner, you learn by touching and doing. You understand and remember things through physical movement. You are a "hands-on" learner who prefers to touch, move, build, or draw what you learn, and you tend to learn better when some type of physical activity is involved. You need to be active and take frequent breaks, you often speak with your hands and with gestures, and you may have difficulty sitting still.

As a tactile learner, you like to take things apart and put things together, and you tend to find reasons to tinker or move around when you become bored. You may be very well coordinated and have good athletic ability. You can easily remember things that were done but may have difficulty remembering what you saw or heard in the process. You often communicate by touching, and you appreciate physically expressed forms of encouragement, such as a pat on the back.

Here are some things that tactile learners like you can do to learn better:

- Participate in activities that involve touching, building, moving, or drawing.
- Do lots of hands-on activities like completing art projects, taking walks, or acting out stories.
- It's OK to chew gum, walk around, or rock in a chair while reading or studying.
- Use flashcards and arrange them in groups to show relationships between ideas.
- Trace words with your finger to learn spelling (finger spelling).
- Take frequent breaks during reading or studying periods (frequent, but not long).

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Kameron Riddle

Your Name: _____

Put a check in the column that best describes you.

	Mostly True	Sometimes True	Not True
I care about doing well in school.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
I try my best in school each day.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
I do my homework.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
I understand things that I have read.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
I have the things I need for class.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get along well with my teachers.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
I take good notes in class.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am good at taking tests.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
I ask and answer questions in class.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
I am happy with my grades.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>

SCORE

Give yourself 2 points for every check in the "Mostly True" column	Points
Give yourself 1 point for every check in the "Sometimes True" column	Points
Give yourself 0 points for every check in the "Not True" column	Points
0 Total	

- If you scored 15--20:** You are a very good student. Keep up the good work!
- If you scored 10--14:** You are doing pretty well. Keep looking for ways to do even better.
- If you scored 5--9:** You are doing OK but could be doing better. Ask your teachers or counselor about ways you can improve your study habits and your grades.
- If you scored 0--4:** You may be struggling in school, but you can get help. Ask your teachers or counselor about how you can do better in school.

Good Study Habits → Good Grades → Good Career Options → Good Life!

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Your Name: Kameron Riddle

Choose the answer that best describes you.

Study Habit	Already Do	Plan to Do	Not Interested
Study every day.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Create a quiet place at home to study.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Turn off the phone, TV, and other distractions when studying.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Play quiet background music.	<input type="radio"/>	<input type="radio"/>	<input checked="" type="radio"/>
Study in a way that suits your learning style.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Take short but frequent breaks, like 5 minutes every half hour.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Study early (don't wait until the last minute).	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Study the hardest things first and then move on to easier ones.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Spend the most time on things that are hardest.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Ask for help if you are struggling with something.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Take notes as you study, using your own words to simplify complex ideas.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Keep your notes in a notebook or folder.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Review your notes on a regular basis.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Make connections between what you are studying and what you know.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Take practice tests, so you don't panic when it's time for the real test.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Use a planner or agenda to keep track of your study progress.	<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reward yourself after a good study session.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Quiz yourself about what you just studied.	<input type="radio"/>	<input checked="" type="radio"/>	<input type="radio"/>
Total			

Developing good study habits can be a challenge, especially if you already have a busy life. But don't dismiss the importance of studying.

Want to aim for the best study habits possible? The ultimate goal would be for all of your responses to appear in the "Already Do" column.

So take a look at your "Plan to Do" column and give one or two of the items listed a try. By improving just one or two additional study habits, you may soon see a jump in your test scores. And that's what developing good study habits is all about!

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