

Covenant School of Nursing
Instructional Module 3 Learning Guide
Topic: Pain/ Pathology/ Pharmacology

Learning Goals and Outcomes	
Upon completion of this lesson, the student will be able to: ❖ Identify the difference in chronic pain and acute pain ❖ Analyze and prioritize the relevance of clinical data. (Vital signs, focal assessments) ❖ Identify potential the most likely complications for a post operative patient ❖ Describe the signs and symptoms, etiology of post operative pain ❖ Describe the properties of individual local anesthetics and other medications used in operative setting and discuss their clinical uses and the nursing responsibilities ❖ Identify and understand the correlation of the medications given operatively to potential post operative pain. ❖ Understand patient teaching for post-operative patients, e.g., use of Patient-Controlled Analgesia (PCA) device, multi-modal pain control, SED, and positioning a patient ❖ Identify the nursing responsibilities (vital signs, physical safety of the patient, etc.) when administering opioids, NASIDS, nonopioid acting analgesics and opioid antagonists	
❖ Pre-Class Preparation	
Required Reading: ❖ Lehne's Pharmacology for Nursing Care ▪ Local Anesthetics ▪ Opioid Analgesics, Opioid Antagonists and Nonopioid Centrally Acting Analgesics ▪ Nonsteroidal Anti-Inflammatory Drugs and Acetaminophen	
Learning Activities	
Laboratory/Clinical Activities: ❖ Simulation – Managing the patient with pain at different levels	
Evaluation Methods	
❖ Simulation	
<i>Texas DEC's</i>	<i>QSEN Competencies</i>
Knowledge II. A,1a, 2b, 3, 4a, B, 2,6,7,12, C, 3a, 4a, 4b, 6, 8, D, 1a, E, 1a, 1b, 1c, 3b, 4b, 5, 12, G,3a IV. B, 3d, C, 3a, 8 Clinical Judgments and Behaviors I. A, 2, B, 2a, 3a, 3c, 5a, 5c II. A, 2a, 2b, 4, B, 2, 3b, 5, C, 1, 2, 7, 2c, 3b, E, 2b, 4, 6a, 13a, F, 1a, 1b, 1c, 5a, 5b, G, 1a, 5c III. A, 4, B, 1, 2, 3a, 3b, C, 2a	Patient Centered Care Teamwork and Collaboration Evidence-Based Practice Safety

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IV. B, 1a, 2a, C, 2b, E, 2b	
<i>Instructional Module Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
1, 2, 3, 4, 7, 8	Safe and Effective Care Environment ❖ Management of Care ❖ Safety and Infection Control Psychosocial Integrity Physiological Integrity ❖ Pharmacological & Parenteral Therapies ❖ Reduction of Risk Potential ❖ Physiological Adaptation
<i>Concepts</i>	<i>Faculty</i>
Safety Teamwork and Collaboration Patient Centered Care Evidence Based Practice	Angela Kensing, MSN, RN
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