

Covenant School of Nursing Reflective Practice

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<p>Step 1 Description</p> <p>There was kids going though the struggle and having to go without and having to see there parents struggle just to make ends meet. Like some kids didn't even have the minimum of food like limited to only eating 3 time a day I remember one kid saying she couldn't even eat a snack. She had to wait. Some kids lived in a shelter.</p>	<p>Step 4 Analysis</p> <p>What I took from it, was that you should take it easy on people. YYou don't know where they come from or what they been through, and everyone has something to over come. Everyone has faced adversity in one way or another. Some people get stuck in survival mode there entire life.</p>
<p>Step 2 Feelings</p> <p>I Felt like i wish i could help all of them. Because that jus the type of person I am. I wish I could have just invited them to my house and help pick up the slack. I wish it was something to help people come out of poverty and not have to live life with limits.</p>	<p>Step 5 Conclusion</p> <p>Some people spend their entire life trying to do better. Or had struggles as children that pour over into their adult hood. I think that's where people mental issues stem from. Going without and such as house. Knowing that there is a home to go to everyday. So this is like Maslow hiracy of needs. That we learned about in pre-reqs. It now clicks as to why we had to learn about that.</p>
<p>Step 3 Evaluation</p> <p>It was sad to see when they kids grew up, That they were still struggling. Especially having to see the kids go from the shelter then hotel waiting for ther parents to find them a place to live. Then to see the kids needing help with school. Like one girl needed tutoring. ONe of the young girls said a lot of the kids grew up poor didn't get to graduate high school.</p>	<p>Step 6 Adion Plan</p> <p>It was sad to also see the mom tell her son he was wanting too much. He was getting to big. And she wish he was still little because they accept any thing when they were little. It was really hurtful to see the little girl when she was about 6 to say that she was embarrassed because she lived in the shelter. One thing that stood out was one of the kids saying that he had to get good grades it was his way out because he had to go to college. His mindset was making it despite where they were currently. It was sad to see the girl eating the can goods and getting ice to put over the food int he sink at the hotel.</p>