

Maternity Case 7: Carla Hernandez (Core)

Guided Reflection Questions

Opening Questions

How did the simulated experience of Carla Hernandez's case make you feel? I did not expect the situation I had, however, it found it very interesting.

Describe the actions you felt went well in this scenario? I was kind of scared and panicking but I found it fun and challenging.

Scenario Analysis Questions*

EBP Consider the emergent nature of umbilical cord prolapse. What nursing actions should be initiated immediately? Why?

Oxygen and monitoring the heartrate and I am guessing getting prepared for a C- Section

PCC What is the priority need for Carla Hernandez at this time? Keeping the baby stable

T&C What key elements would you include in the handoff report for this patient? Consider the situation-background-assessment-recommendation (SBAR) format. I would include everything the VS, my interventions, her reaction, who I notified.

S/QI/I Based on your experience with Carla Hernandez's case, reflect on possible nursing actions for enhanced safety and quality improvement. Repositing the patient, monitoring oxygen.

Concluding Questions

Reflecting on Carla Hernandez's case, were there any actions you would do differently? Explain. None because I went through the simulation about 2-3 times because there where always things I could of improved on or that I did not think of. I think it will always be that way, we always learn new things everyday.

Describe how you would apply the knowledge and skills that you obtained in Carla Hernandez's case to an actual patient care situation.

I will now know what interventions I would use with a similar patient.

* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>

