

Student Name: Briana Narvaiz _____ Unit: _____ Pt. Initials: _____ Date: _04/02/22_____

Adult/Geriatric Critical Thinking Worksheet

<p>1. Disease Process & Brief Pathophysiology- Pancreatitis Self-digestion of the pancreas caused by its own proteolytic enzymes, particularly trypsin, causes acute pancreatitis.</p>	<p>2. Factors for the Development of the Disease/Acute Illness- Alcohol abuse Bacterial or viral infection (P) Duodenitis Family history Obesity (P)</p>	<p>3. Signs and Symptoms- Severe abdominal pain (P) Nausea (P) Vomiting Hypotension Ecchymosis</p>
<p>4. Diagnostic Tests pertinent or confirming of diagnosis- X-ray studies Ultrasound CT scan (P) Cholangiopancreatography</p>	<p>5. Lab Values that may be affected- WBC Serum amylase and lipase levels Hemoglobin Hematocrit Blood glucose</p>	<p>6. Current Treatment- Morphine Ondansetron Acetaminophen</p>

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<p>7. Focused Nursing Diagnosis: Acute pain</p>	<p>11. Nursing Interventions related to the Nursing Diagnosis in #7: 1. I will promote position of comfort on one side.</p>	<p>12. Patient Teaching: 1. I will teach my patient to take their medication exactly as direct. Do not skip doses.</p>
<p>8. Related to (r/t): Obstruction of pancreatic, biliary ducts</p>	<p>Evidenced Based Practice: Reduces abdominal pressure and tension, proving some measure of comfort and pain relief.</p> <p>2. I will assess the patients' vital signs and characteristics of pain 30 minutes after administering medication.</p>	<p>2. I will teach my patient and my patient's family on signs and symptoms to of pancreatitis getting worse.</p> <p>3. I will teach my patient to eat a low-fat diet.</p>
<p>9. As evidenced by (aeb): Reports of pain</p>	<p>Evidenced Based Practice: To monitor effectiveness of medical treatment for the relief of abdominal pain.</p>	<p>13. Discharge Planning/Community Resources: 1. Follow up appointment</p>
<p>10. Desired patient outcome: The patient will demonstrate relief of pain by a pain score 0 out of 10.</p>	<p>3. I will place the patient in bed during severe episode of pain.</p> <p>Evidenced Based Practice: To reduce gastrointestinal stimulations thereby decreasing pancreatic activity.</p>	<p>2. Refer to a nutritionist</p> <p>3. Call your doctor if symptoms start to get worse.</p>