Student Name: Rachel Myers **Date:** 6/1/2022

Instructional Module 6
Obstetrics Community Clinical Experience

Community Site: Covenant Women's Health- Bridget Winn's office

1. What did you observe during the day? Were there any specific procedures that were able to participate in or observe?

During my day at this clinical site, I was able to see several annual exams and an IUD insertion. I was supposed to be able to see an IUD removal and replacement but there were extenuating circumstances and I was asked to leave the room for that procedure. I was also able to see the NP discuss treatment and diagnosis for PCOS with one patient and we discussed STI's that a few of her patient's the previous day were diagnosed with and how she was going to have to break the news to them.

2. What was the best/most interesting part of the experience?

The most interesting part of the day was seeing the IUD placement. I did not realize how precise that procedure was. I also did not realize that there was so much measuring involved. The NP had to measure the depth of the uterus, the width of the cervical os, and several other things. It seemed like a very technical procedure that could be affected by several things such as if the patient had previous vaginal births, where she was in her cycle, and the shape and size of her uterus.

3. Is a community nursing position something that you would consider working in? Why or why not?

I do not think that a nursing position in an OB/GYN office is a position that I would be interested in for a few reasons. The main reason is I think I would get bored doing very similar things all day, every day. I would much rather be in a nursing position that would challenge me in every way and would give me the adrenaline rush that I have always enjoyed. OB nursing is very interesting, I just do not feel that it would be the best career choice for me.

4. Do you feel like this community site met the needs of the population they serve? Why or why not?

I think this community site met the needs of every patient that came in. The staff was kind and seemed to care about the patients and the patients seemed to feel comfortable asking the staff any and all questions that they had. The staff did their best to make new patients feel comfortable and the existing patients seemed to have a good relationship with the staff.

5. Did you witness patient teaching? What general things were taught to this population? Do you feel that patient teaching in this community site was adequate? Why or why not?

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I think the patient teaching at this community site was great. The NP was open to all questions and answered them readily. I saw the NP teach about IUD insertion, birth control, PCOS symptoms and treatments, and she explained to the patients what she was doing during every step of every procedure. All-in-all, this community site was a wonderful experience and even though I do not plan on going into OB nursing, I am grateful to have had the opportunity to see and experience everything I did at this clinical site.