

Covenant School of Nursing Reflection- Week 6

<p>Step 1 Description During my time in week 6 of clinical on S8 I learned even more things, but the situation that stands out to me most was a patient that had a new ileostomy bag placed with a JP drain due to infection and the removal of part of her ileum. This patient was very self-conscious about her ileum bag and JP drain due to smell. She constantly apologized for the odor and would often become teary eyed because she felt she was bothering us when we assisted her. The patient talked about how her life has changed by these procedures and how she was so sad to be in the hospital. The patient was very thankful for the staff's help and verbalized her appreciation. She talked about how simple things such as walking, and showering are difficult for her.</p>	<p>Step 4 Analysis Throughout the modules we have been taught the word compassion. These past two days with this patient have really reminded me of how important compassion is with nursing. I am often reminded that it is not just with nursing but with being a kind human to show compassion for others. There are situations in life where you are faced with things that you may find challenging, but the most important part of nursing is compassion and caring. From module 1 until now I will continue to hold onto the word compassion.</p>
<p>Step 2 Feelings As always there are an array of emotions that go through me with any situation while in clinical, but this situation made me sad and thankful all in one moment. I found myself sadden for this patient because I cannot imagine how hard this situation must be for her. I could see myself one day elderly and in a similar situation. I thought to myself, I hope one day medical staff treats me with respect and dignity as I endure these obstacles in life. I am thankful today to be healthy and to be able to complete simple daily tasks such as walking and showering.</p>	<p>Step 5 Conclusion I feel that this situation went well, but I could have probably spent more time with this patient. She enjoyed talking with the staff and I should have stopped more to talk with her. Connections with people, especially are facing tough times is so important in this life. I will try to take more time to talk with patients and spend less time finding tasks to complete. I often saw other staff being kind and patient with as well and showing compassion. Another peer at one point also helped with this patient and she showed the same kindness and compassion for this patient. Today was humbling.</p>
<p>Step 3 Evaluation The numerous times I assisted this patient each interaction went well. She was so kind and friendly even though she was enduring and facing so many obstacles at this time in her life. I was able to help this patient with ambulating, draining her catheter bag, placement onto a chair, and many other things. Each time she expressed how thankful she was and how sorry she was for the drainage odor. I would try to reassure her each time that she had nothing to apologize for and that we were here to help. I did not find this situation to be difficult because her kindness helped so very much, and I understood that she could not control her drainage and the odor.</p>	<p>Step 6 Action Plan I will use the lessons learned from this 6 weeks in clinical and SIM to help mold me into a better nurse and an overall better person. I will hold onto each situation I have faced in nursing and carry it with me. I have been taught that each patient situation is different, unique and you must adapt to their needs. It is important to follow procedures, but it is also important to show kindness and compassion daily as a nurse.</p>