

Student Name: Joel Castillo

Date: 5-31-22

Adult/Geriatric Medication Worksheet – Current Medications & PRN for Last 24 Hours

Allergies: aspirin

Primary IV Fluid and Infusion Rate (ml/hr)	Circle IVF Type	Rationale for IVF	Lab Values to Assess Related to IVF	Contraindications/Complications
	Isotonic/ Hypotonic/ Hypertonic			

Generic Name	Pharmacologic Classification	Therapeutic Reason	Dose, Route & Schedule	Correct Dose? If not, what is correct dose?	IVP – List diluent solution, volume, and rate of administration IVPB – List concentration and rate of administration	Adverse Effects	Appropriate Nursing Assessment, Teaching, Interventions (Precautions/Contraindications, Etc.)
allopurinol	antigout agent	treat gout and certain type of kidney stones	oral daily 100mg	Y N	n/a	nausea, vomiting, lazy eye, joint pain, difficulty breathing	1. encourage pt to drink 2-3L a day 2. report if sign of skin rash 3. administer after meals to prevent n,v, loss of appetite 4. report any unusual bleeding, bruising, flank pain
alprazolam	benzo-diazepines	treat anxiety	oral daily 500mcg	Y N	n/a	drowsiness, light headedness, HA, tiredness	1. teach pt importance of avoiding alcohol 2. fall precautions, bed rails up, call before fall 3. avoid abrupt stop can cause withdrawal report severe or prolonged HA, blurred vision, rash, weight gain 4.
fluconazole	anifungal	treat fungal or yeast infection	oral daily 400mg	Y N	n/a	HA, dizziness, vomiting, upset stomach	1. ensure and teach pt importance of hygiene 2. report rash, changes in stool or urine color 3. monitor renal functions tests 4. assess potassium & magnesium
ceftriaxone	antimicrobial	respiratory infection skin infections	IVP 2-4min daily	Y N	IVP 2-4 mins IVPB - 100ml/hr over 30 mins	Diarrhea, vomiting abd cramping bleeding gums easy bruising	1. incompatible with LR 2. monitor for bleeding 3. monitor labs PT, INR, WBC 4. monitor bowel movements
cholecalciferol vitamin d-3	vitamin D analogs	treat vit d deficiency	oral daily	Y N	n/a	report if cough dizziness, hives skin rash	1. monitor for manifestations of hypercalcemia 2. fall precautions, call before fall 3. report signs of fatigue, dry mouth, metallic taste 4. teach pt to monitor what they eat foods containing vit d

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docusate sodium	sulfonic acid	soften stool	oral daily 100mg	Y N	n/a	abd cramping, excessive bowel activity, stomach pain, rash	<ol style="list-style-type: none"> 1. contraindicated with intestinal obstruction or appendicitis 2. assess pt bowel habits and last BM appearance 3. do not take with antacids or milk 4. teach pt. importance of fluid intake and fiber intake
folic acid	vitamins water-soluble	prevent and treat low blood levels of folate	oral daily 800mcg	Y N	n/a	redness, skin rash itching, feeling unwell, difficulty breathing	<ol style="list-style-type: none"> 1. contraindicated w/ pts who have renal disease, failure, impairment 2. teach pt to take medicine through full course 3. avoid in patients with pernicious anemia improper therapy 4. teach pt. to eat green leafy vegetables & fruits
gabapentin	anticonvulsants	prevent and control seizures treat nerve pain	oral daily 20mg	Y N	n/a	unsteadiness, anxiety chest pain, chills, restlessness, rolling eye movements	<ol style="list-style-type: none"> 1. report fever, rash tender lymph glands 2. teach pt. call before getting up for fall risks 3. teach pt. avoid alcohol or other CNS depressants can add to the effects 4. rotate sites, avoid bruises & damages skin
metoprolol	beta blocker	treat high blood pressure, chest pain, heart failure	daily oral 50mg	Y N	n/a	dizzy, tired, weak diarrhea, upset stomach, vomiting	<ol style="list-style-type: none"> 1. do not stop suddenly taking medication inform pt to not chew or crush 2. assess pts apical heart rate for 1 minute 3. inform pt. to get up slowly and to call before getting out of bed 4.
polyethylene glycol miralax	osmotic laxatives	treat constipation	oral daily 17g	Y N	n/a	nausea, abd bloating, cramping, and flatulence	<ol style="list-style-type: none"> 1. contraindicated w/ known/suspected bowel obstruction 2. inform pt. to drink water plentiful and increase fiber intake 3. assess pt. for abd distension, bowel sounds, and pattern of bowel function 4. inform pt. may be 2-4 days until produce BM