

Student Name: May Kaika

Date: \_\_\_\_\_

### Patient Physical Assessment Narrative

**PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).**

**GENERAL INFORMATION** (Time of assessment, admit diagnosis, general appearance)

time: 0730

admit diagnosis: hypovolemic shock

appearance: uncomfortable, anxious

**Neurological-sensory** (LOC, sensation, strength, coordination, speech, pupil assessment)

LOC: oriented x4

sensation: dull & sharp intact x6

strength/coordination: strong grip & push, follows simple commands

speech: not slurred

pupil: PERRL 3mm

Comfort level: Pain rates at 8 (0-10 scale) Location: stomach

**Psychological/Social** (affect, interaction with family, friends, staff)

affect: friendly, responds readily to questions

interaction: interacts appropriately w/ staff & family

**EENT** (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing) EENT: symmetrical w/ no drainage

mouth: swallow test w/o difficulty, no missing teeth, white

nodes: no palpable nodes

**Respiratory** (chest configuration, breath sounds, rate, rhythm, depth, pattern)

chest config: expansion equal, trach. midline

sounds: clear L & R, upper & lower

rate/rhythm: 20 PR, equal, no use of accessory muscles

depth: deep; pattern: unlabored

**Cardiovascular** (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

sounds: S<sub>1</sub> & S<sub>2</sub> heard in all 4 locations, no murmurs heard

rate: apical & radial rate equal, 68 bpm

rhythm: sinus rhythm, equal

pulses: radial & pedal pulses +2 bilaterally

pattern: cap refill <3 sec.

Student Name: \_\_\_\_\_

Date: \_\_\_\_\_

### Patient Physical Assessment Narrative

**Gastrointestinal** (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation)

habits: BM x2 daily, liquid stool

appearance: soft, but distended

sounds: normoactive x4, no bruits auscultated

palpate: no tenderness

Last BM: last night

**Genitourinary-Reproductive** (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) freq: x5 a day; urgency: none noted

continence: pt has control of their bladder

urine: yellow, clear, no foul odor

bleeding/discharge: none noted

Urine output (last 24 hrs) x5 LMP (if applicable) post-menopausal

**Musculoskeletal** (alignment, posture, mobility, gait, movement in extremities, deformities)

alignment: symmetrical

posture: upright

mobility: steady gait, walks w/ walker, CBA

movement: meaningful & coordinated

deformities: none noted

**Skin** (skin color, temp, texture, turgor, integrity)

color: appropriate for race

temp: ~~cool~~ warm x4 extremities

texture: soft & smooth

turgor: elastic

integrity: not intact

(x3 lap incisions)

traising & lipodystrophy bilaterally

**Wounds/Dressings**

Ⓢ peripheral dressing intact w/o redness or swelling

JP drain: dressing intact

x3 lap incisions

**Other**