

Student Name: LOUI ANN SITDY

Date: 05/31/22

Patient Physical Assessment Narrative

PHYSICAL ASSESSMENT NARRATIVE BY SYSTEMS: (Complete using assessment check list and reminders below).

GENERAL INFORMATION (Time of assessment, admit diagnosis, general appearance)

1000; Cervical disc disorder & myelopathy of cervical region. Patient is able to communicate well & the staff; alert & oriented

Neurological-sensory (LOC, sensation, strength, coordination, speech, pupil assessment)

Alert oriented x4 (person, time, situation & place). sensation responds to sharp & dull. HTGW equal & strong bilaterally. Movements are purposeful & coordinated x6. Moves all extremities on command. Able to speak english fluently. Pupils 3mm equal, round & reactive to light.

Comfort level: Pain rates at 3 (0-10 scale) Location: Posterior neck (surgical site)

Psychological/Social (affect, interaction with family, friends, staff)

Friendly affect; interact & family / friends / staff appropriately.

EENT (symmetry, drainage of eyes, ears, nose, throat, mouth, including dentition, nodes, and swallowing)

EENT symmetrical. No drainage of EENT. Mucosa pink, oral mucous membranes pink, moist & intact. Clean & intact teeth. Neck supple & no palpable lymph nodes. Patient is able to swallow

Respiratory (chest configuration, breath sounds, rate, rhythm, depth, pattern)

Chest symmetrical, trachea midline. Breath sounds clear to auscultation. Resp. ~~20~~ even & unlabored. Breathing room air (RA) 96%. Pt. is able to cough & deep breaths without coughing.

Cardiovascular (heart sounds, apical and radial rate, rhythm, radial and pedal pulse, pattern)

S1 & S2 audible & regular rate & rhythm. Apical rate 90, radial pulse 90. Radial & Pedal +2 bilaterally. No edema noted BP 130/82. Denies chest pain or discomfort. Nail beds pink, capillary refill < 2-3 seconds.

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Gastrointestinal (bowel habits, appearance of abdomen, bowel sounds, tenderness to palpation) Abdomen flat, soft & nontender. Active bowel sounds x4
Quadrants. Pt. states she usually have BM at night & soft
formed brown stool. (not observed)

Last BM 05/30/22

Genitourinary-Reproductive (frequency, urgency, continence, color, clarity, odor, vaginal bleeding, discharge) voids yellow, clear urine. Denies odor, discharge
or pain. Patient is on Purewick.

Urine output (last 24 hrs) 400 ml LMP (if applicable) post menopausal

Musculoskeletal (alignment, posture, mobility, gait, movement in extremities, deformities)
walks with assistance x2 with walker assist. symmetrical
alignment. upright posture. Moves all extremities upper + lower
bilateral x4 purposeful + coordinated. Posture appropriate to age
& unsteady gait. No deformities.

Skin (skin color, temp, texture, turgor, integrity)

skin color appropriate to race. skin warm, dry + intact. smooth
texture. Turgor elastic. checked perianth to see any type of skin
breakdown

Wounds/Dressings

left peripheral IV - dressing without redness or swelling no pain
or inflammation. Posterior cervical incision, dressing dry. no visible
drainage

Other