

Reflection outpatient sun rise canyon

My outpatient experience was very slow. We sat 90% of the day and I stared at a screen as they did medication consents. For the other 10% of the time I was able to draw a yearly lab on a lady which I got my first try on which was exciting, give a deltoid injection, and watch as a nurse gave an intragluteal injection. While I sat there I was able to chat with the charge nurse about different medication types and how the flow of their clinic went about. I listened to a ton of phone calls of patients canceling appointments and asking about prescription refills. While I wish we were more hands on this day and productive I do still feel I got a good sense of what the day could look like on a more busy day. I helped sort some medications in the med room and learned about one medication that needs to be given quickly because it crystallizes if you wait too long. I found it very interesting how they had a schedule that was constantly updating that explained where the patient was, how long they had been waiting, and when their appointment time was. While it was slower I do think the day went by pretty fast and I was able to learn a few things that I did not know before I walked into the door. I was surprised by how many people were on lithium because to my understanding that drug can be incredibly dangerous but the nurse informed me sometimes it is a patient's last option when it comes to feeling better and actually working. Overall my day was good and I am very excited to see what inpatient looks like and how the day runs there next week