

## Covenant School of Nursing Reflective Practice

Name: Kambree Irvin

Instructional Module: 6

Date submitted: 5/25/22

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<p><b>Step 1 Description</b></p> <p>When we first arrived at Dove Tree, we were told we would not be following the nurses. Instead we were given a schedule of the activities and were told to attend each one. We were a little unsure about it since it was different from any clinical we've been to. However, after talking to the patients and participating in the activities, I really enjoyed the day. I learned a lot and it was somewhat therapeutic to be able to take part in the activities.</p>	<p><b>Step 4 Analysis</b></p> <p>We can never know what a patient is dealing with just by looking at them. This is why nurses should not judge any patient and have compassion for all of our patients. These patients were there to become better for friends, family, or themselves. Some patients had similar stories and because of that, they've created a bond that will help them heal. There are several patients who plan to keep in touch with each other when they get out. I think these patients impact each other and encourage them more than anyone else would be able to.</p>
<p><b>Step 2 Feelings</b></p> <p>I was unsure of what to expect but I kept an open mind. I was nervous because I wasn't sure how the patients would feel about us being there. However, they were very welcoming and even let me participate in their morning intention. It was very hard for me to come up with what I like about myself and it made me sad since I could see that it was even harder for some of them. It was very emotional to hear their stories and I realized anyone could be in their situation.</p>	<p><b>Step 5 Conclusion</b></p> <p>I talked to multiple patients and some were open to telling me their stories. It was difficult at times to know how to reply or what to say. I didn't want to say the wrong thing but many of these patients just wanted someone to listen to them without judgement. I think that I did that well and made them as comfortable as possible. I learned that addiction can happen to anyone. These patients are just normal people like us, who have experienced trauma that has impacted their lives greatly.</p>
<p><b>Step 3 Evaluation</b></p> <p>I thought the entire day was good. I enjoyed this clinical very much. Since I have friends and family who have dealt with alcohol issues, it was very easy for me to understand their situation and why they sometimes turn to drinking. It was difficult to not become emotional when hearing their stories. It was also amazing to hear them talk about God in such a beautiful way. Sometimes after going through a tough situation, one might turn their back on God, but they continued to have faith in him. Some of them said He has a plan for everything which I thought was very strong of them.</p>	<p><b>Step 6 Action Plan</b></p> <p>Overall, this was one of the most educational clinicals. Not exactly in a "skills" clinical but it teaches you to be compassionate to patients. Even though we weren't with nurses, I think this experience will help me become a better nurse. Nursing isn't always IV sticks or blood draws. Nurses need to understand their patients' situations to be able to provide them the best care possible. I will use what I learned from this clinical by listening to my patients, providing comfort for them, and help them realize they are never alone.</p>

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# PMH CSON Student Community Site Verification Form

Instructional Module: IM 6

Student Name: Kambree Irvin

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Community Site: Dove Tree Date: 5/24/22

Student's Arrival Time: 0800 Departure Time: 1600

Printed Name of Staff: Irma Liman Signature: [Signature]

Community Site: \_\_\_\_\_ Date: \_\_\_\_\_

Student's Arrival Time: \_\_\_\_\_ Departure Time: \_\_\_\_\_

Printed Name of Staff: \_\_\_\_\_ Signature: \_\_\_\_\_

Community Site: \_\_\_\_\_ Date: \_\_\_\_\_

Student's Arrival Time: \_\_\_\_\_ Departure Time: \_\_\_\_\_

Printed Name of Staff: \_\_\_\_\_ Signature: \_\_\_\_\_

Community Site: \_\_\_\_\_ Date: \_\_\_\_\_

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Printed Name of Staff: \_\_\_\_\_ Signature: \_\_\_\_\_

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