

Guided Reflection Questions for Surgical Case 3: Doris Bowman

Opening Phase

How did the scenario make you feel?

During this reflection I was very overwhelmed. I wanted to assure I was covering all basis but was missing little details. I was confused on the oxygen delivery method which kept throwing me off on each attempt. This overall was a great learning mechanism and would do more for practice.

Scenario Analysis Questions*

S/PCC What further intervention would have been required if naloxone hydrochloride (Narcan) had not been effective in this case?

In the situation if Narcan was not effective, I would call the doctor using SBAR. My next intervention would to be call rapid and start CPR if the patient is unresponsive.

PCC/EBP/S Discuss readiness for discharge from PACU criteria.

The readiness for discharge from PACU would be to assess the vital signs every 15 mins for the hour. This would be the patient's heart rate, respiratory rate, blood pressure, oxygen saturation, and circulation. I would also monitor the patient urinary output and the dressing site. Once the patient is stable and cleared, they would be transport to the floor they are assigned too. What else would be included in the patients care if they are awake is their pain level. The vital signs could also reflect if they are in pain if the patient is not able to respond.

T&C/PCC/EBP What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.

The key elements I would include in the handoff report would be the patient situation. Who they are, allergies, what was performed on the patient; hysterectomy. I would also include all the drains, IV sites, and dressings the patient has and the integrity of them. The background would include more of why they are in the hospital and what happened when they were in my care. This would be the reaction the patient had to the morphine. I would include what interventions were done to the patient. The recommendation would be to change the patient allergy status in the chart and educate the patient more about her reaction.

S/PCC What further complications could have occurred if the respiratory depression had not resolved?

The further complications the patient could have experienced would be deadly. She would have gone into a full-blown anaphylactic shock and all her organs would not be perfused. The overall ending could have been devastating.

Concluding Questions

If Doris Bowman's family members had been present during the scenario, describe how you would support them when her condition deteriorated.

The first thing I would do is call for help. I would walk them through exactly what had happened and the interventions I am performing. I would also ask for another nurse to be present to comfort them during this time. I would want the family to know exactly what is going on because they should be updated about their family member.

What would you do differently if you were to repeat this scenario? How would your patient care change?

What I would do differently is to act quickly when I saw the patient's status change. As soon as she changed her breathing and went unconscious, I would call for help immediately. I would not just go and get Naloxone. I would also make sure the patient is stable and change her allergy information in her chart.