

Guided Reflection Questions

Opening Questions

How did the simulated experience of Jackson Weber's case make you feel?

It made me feel a little helpless. There isn't much you can do for someone that is actively seizing except for making sure they are safe and measuring time. I started to panic when he first started to seize and after performing the scenario multiple times, I started to feel a bit more in control of myself.

Describe the actions you felt went well in this scenario.

I feel that after performing the scenario a few times and getting the hang of where each intervention/assessment is, things started to go better. I did not see the pain assessment the first time or the vital signs. After my first attempt, I started to go in order of what I would do first in person and by my last attempt I did everything exactly how I would do it in real life. I was glad I was able to give my scheduled dose of phenobarbital and accurately assess and educate the patient before his seizure.

Scenario Analysis Questions*

EBP/S What priority problem did you identify for Jackson Weber?

Non-adherence to medication schedule and checking phenobarbital levels due to his mother having a busy work schedule.

EBP What complications might Jackson Weber face if safety precautions are not taken during the seizure activity and if treatment is not implemented after the seizure?

Jackson is at risk for injury and aspiration if safety precautions are not taken during a seizure. If treatment is not implemented after a seizure, permanent brain damage and other injuries from falls or choking can be fatal to the patient.

PCC What should the nurse teach Jackson Weber's mother regarding the ongoing care of his condition?

The nurse needs to teach his mother about safety precautions like laying the patient down and on their side, and the importance of medication adherence to prevent future seizures.

* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>

PCC/S What seizure precautions should be taken by the nurse in anticipation of and at the onset of Jackson Weber's seizure? How might such precautions vary from hospital to hospital?

The side rails on the bed are up and the removal of all loose items from the bedside. Some hospitals may have differing protocols and offer emergency medications to stop the seizure.

PCC/S Describe strategies to empower Jackson Weber and his mother in the management of his seizures.

Giving the patient and his mother resources regarding financial assistance for medication and assistance. Support groups may be helpful for Jackson and his mother since she may need help caring for him and getting him to his appointments.

T&C List potential team members in Jackson Weber's care. (Explain your answer.)

Child life may help explain Jackson's diagnosis and safety precautions to Jackson. A neurologist will help manage and monitor Jackson's seizures and provide check-up appointments. Case management and social work will help his mother since she is a single mom and may need assistance.

T&C/I What key elements would you include in the handoff report for this patient? Consider the situation-background-assessment-recommendation (SBAR) format.

Key elements I would include in handoff report would be the duration of the seizure, level of consciousness following the seizure, and the report of dizziness prior to the seizure. Also, the use of supplemental oxygen following the seizure.

Concluding Questions

Reflecting on Jackson Weber's case, were there any actions you would do differently? If so, what were these actions, and why would you do them differently?

I would take the time to educate the mother about the importance of phenobarbital levels and ask her how we can help her with Jackson and getting his medication.

Describe how you would apply the knowledge and skills you obtained in Jackson Weber's case to an actual patient care situation.

I will apply my knowledge from this situation in real life by remembering to measure the duration of the seizure and remaining calm. I started to panic the first time I did the scenario but I realized I knew I just needed to do everything I could to promote a safe environment.