

**IM5 (Pediatrics) Critical Thinking Worksheet****Patient Age:** 6 months**Patient Weight:** 8 kg

<b>Student Name:</b> Emanuel Cabrera	<b>Unit:</b>	<b>Pt. Initials:</b>	<b>Date:</b> 5/19/2022
<b>1. Disease Process &amp; Brief Pathophysiology (Identify Key Concepts to Your Patient and Include Reference):</b> Bacterial meningitis is an inflammation of the meninges, in particular the arachnoid and the pia mater, associated with the invasion of bacteria into the subarachnoid space. The pathogens take advantage of the specific features of the immune system in the CNS, replicate and induce inflammation. A hallmark of bacterial meningitis is the recruitment of highly activated leukocytes into the CSF.	<b>2. Factors for the Development of the Disease/Acute Illness:</b> Hemophilus influenza (type B) Streptococcus pneumonia Neisseria meningitidis		<b>3. Signs and Symptoms:</b> Headaches High fever Confusion or sleepiness Bruising Sensitivity to light
<b>4. Diagnostic Tests Pertinent or Confirming of Diagnosis:</b> Blood cultures CT CSF	<b>5. Lab Values That May Be Affected:</b> WBC Total protein test Glucose		<b>6. Current Treatment (Include Procedures):</b> Bed rest Fluids Pain medication Corticosteroids

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<b>7. Pain &amp; Discomfort Management: List 2 Developmentally Appropriate Non-Pharmacologic Interventions Related to Pain &amp; Discomfort for This Patient.</b>  1. Sucrose  2. Swaddling  <b>*List All Pain/Discomfort Medication on the Medication Worksheet</b> Click here to enter text.	<b>8. Calculate the Maintenance Fluid Requirement (Show Your Work):</b> $8 \text{ kg} \times 100 \text{ ml/kg} = 800 \text{ mL} / 24 \text{ hr} = 33 \text{ mL/hr}$  <b>Actual Pt MIVF Rate:</b>  <b>Is There a Significant Discrepancy?</b> <input type="text"/>  <b>Why?</b>	<b>9. Calculate the Minimum Acceptable Urine Output Requirement (Show Your Work):</b> $1 \text{ mL/kg/hr} \times 8 \text{ kg} = 8 \text{ mL/hr}$  <b>Actual Pt Urine Output:</b>
	<b>10. Growth &amp; Development: List the Developmental Stage of Your Patient For Each Theorist Below and Document 2 OBSERVED Developmental Behaviors for Each Theorist. If Developmentally Delayed, Identify the Stage You Would Classify the Patient:</b>  <b>Erickson Stage:</b> Trust vs Mistrust 1. Transitional object  2. Crying for unmet needs  <b>Piaget Stage:</b> Sensorimotor 1. Imitation  2. Object permanence	

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<b>11. Focused Nursing Diagnosis:</b> Activity intolerance	<b>15. Nursing Interventions related to the Nursing Diagnosis in #11:</b> 1. Reduce high fever  <b>Evidenced Based Practice:</b> To decrease load on heart and brain from oxygen demands.	<b>16. Patient/Caregiver Teaching:</b> 1. Wash your hands often.  2. Ask about vaccines you may need.  3. Take medication as directed.
<b>12. Related to (r/t):</b> Infection	2. Protect the patient from injury  <b>Evidenced Based Practice:</b> Secondary to seizure activity or altered level of consciousness (LOC).  3. Monitor daily body weight	<b>17. Discharge Planning/Community Resources:</b> 1. Attend any follow up appointments.  2. Finish full regimen of antibiotics.  3. Seek care if you experience a seizure.
<b>13. As evidenced by (aeb):</b> Fatigue and malaise	<b>Evidenced Based Practice:</b> Serum electrolytes; and urine volume, specific gravity, and osmolality, especially if syndrome of inappropriate antidiuretic hormone (SIADH) is suspected.	
<b>14. Desired patient outcome:</b> Patient performs physical activity independently or within limits of disease.		