

Pediatric Case 4: Sabina Vasquez (Complex)

Guided Reflection Questions

Opening Questions

How did the simulated experience of Sabina Vasquez's case make you feel? It made me feel good to kind of have a good idea of how to care for her.

Describe the actions you felt went well in this scenario. I feel that they all went well I followed all the providers orders and interventions.

Scenario Analysis Questions^{*}

EBP List in order of priority your initial nursing actions for Sabina Vasquez based on physical findings and family interaction.

Identify patient and family. Check respirations and breath sounds, asses O2 sat, elevate the hobs administer prescribed medications .

EBP What complications might Sabina Vasquez face if her symptoms are not recognized and if care is not initiated in a timely manner? Respiratory distress that can put her at risk for inadequate tissue perfusion

PCC What actions should be taken to ensure the delivery of appropriate information to Sabina Vasquez's mother? Education should be provided to her mother, if a translator is needed then it should be provided to ensure she is leaving the hospital with proper understanding of her daughters condition and what needs to be done at home to safely administer treatments/meds.

PCC Recognizing the acuity of the situation, how would you include Sabina Vasquez and her mother in the decision-making process

Sabina can be involved by deciding in what order she would like her med and deciding what juice to drink with her po meds. Her mom can be involved by helping Sabina with her meds.

S/QI Reflect on ways to improve safety and quality of care based on your experience with Sabina Vasquez's case.

^{*} The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>

I should educate the parents more in depth on the disease and the medications involved to provide better care for my patient . This will in turn help the safety of med admin.

T&C/I What key elements would you include in the handoff report for this patient? Consider the situation-background-assessment-recommendation (SBAR) format.

Why she was admitted, symptoms she is presenting with, previous relevant history, age , weight etc. Her most recent assessment . focusing on respiratory because that's the main concern . And recommend possible blood work and labs to update her chart.

QI As you begin to think about discharge planning for Sabina Vasquez and her family, what teaching needs to be provided?

Sabinas mom should be aware of what Asthma is, how it presents in patients, and what the plan of care is for her daughter when she is having exacerbations. Education about vaccines that can prevent further exacerbations and antibiotic administration.

Concluding Questions

Reflecting on Sabina Vasquez's case, were there any actions you would do differently? If so, what were these actions, and why would you do them differently?

The only thing I would do differently is to provide more teaching to Sabina and her mom.. also I need to pay attention to when the most recent labs/diagnostics are done and ask for more if they are out dated.

Describe how you would apply the knowledge and skills obtained in Sabina Vasquez's case to an actual patient care situation.

I will be able to handle stressful situations and keep calm and collected even when I'm not sure what to do . Ill be able to critically think through , look at relevant orders, and the chart and provide safe care for my patient .