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<p>Step 1 Description</p> <p>A patient needed to be changed and his wife was in the room. She was being bossy and demanding about how her husband needed to be changed. I was with two other classmates during this incident. We helped change him and the result was a happy patient, but it was a long process because of the wife's attitude.</p>	<p>Step 4 Analysis:</p> <p>This patient and his wife have been married for over 40 years and I think what was really happening is that the wife wasn't used to her husband not speaking up for himself. The patient was really independent before he had a stroke and I feel like it has been hard for the wife to watch all these changes going on. I think this experience will help me grow as a student because it caused me to sit down and evaluate why the wife was having a hard time. It is easy to judge a family member at first and think that they are just being bossy, but I had the opportunity to talk with the wife after this event and she just seems concerned for her husband's well-being.</p>
<p>Step 2 Feelings:</p> <p>I felt frustrated in the beginning. The wife was trying to tell us how to do our job and what we were doing wrong. She told us that we were only going to move the patient how he wanted to be moved but he couldn't communicate so there was no way for us to know what he wanted. We were trying to help change his brief and his gown, but the wife said "no don't do it that way. He doesn't want you to do that.", so it made our job difficult. At the end I tried to be more understanding because I'm sure it was hard for her to see her husband nonverbal and incontinent, because he hadn't been this way before.</p>	<p>Step 5 Conclusion:</p> <p>I could have made the situation better by taking a step back and asking the wife how he normally likes to be changed and if there was anything I could do better to make him more comfortable. One of the other students is more blunt than I am and she basically stated "this is how we have to do this in order to get him up in the bed to change him.", and I feel like it would have went better if we explained all the steps we were going through to help the wife and patient understand better. I learned that family members all cope differently and we, as nurses, will have to work around family members often, so it is best to engage in conversation with them and allow them to teach you things about your patient because it can help with the care we give them.</p>
<p>Step 3 Evaluation:</p> <p>The other students and I worked well together even though we were all three frustrated. When we were done, the wife thanked us and said we did a great job, so even though she was demanding and pushy, she was nice and thankful for us at the end. It was difficult to work around the wife's needs, but once we were done, she asked us if there was anything she could do better for her husband and she seems to truly care for her husband. I think she was just trying to do everything she could in his best interest. I think it would have went better if she would have let us help more and listened to our concerns during the brief and gown change instead of demanding us to stop and allow her to do it because it was a job that took 3+ people.</p>	<p>Step 6 Action Plan:</p> <p>Next time I will do better about communicating to the patient and family member with what I am going to do each step of the way. It feels like we get into routines a lot and it is easy to forget to tell your patient what you are doing with every move, but it is so important to communicate with them, so they don't feel scared or uncomfortable. I am glad I went through this situation because it helped me be more empathetic towards the family members who can be hostile at first. Most of the time if we take the time to sit with the family members and discuss their concerns, they will open up and become more comfortable with us.</p>