Medical Case 5: Skyler Hansen

Guided Reflection Questions

1. How did the scenario make you feel?
   This scenario made me feel more confident in taking care of a patient like this. I knew exactly what to do and the entire scenario went really well.
2. What management options would have been appropriate if Skyler Hansen had been alert and could swallow?
   If Skyler had been awake and alert enough to swallow, I would have given him some orange juice and carbohydrates. This would have made the blood sugar level increase much faster.
3. If Skyler Hansen's acute hypoglycemic episode had not have been treated immediately, what could have happened?
   If the patient's acute hypoglycemic episode had not been treated, it could have led to coma and even death. It could also cause confusion, seizures, loss of consciousness, etc.
4. If too much glucose were administered to Skyler Hansen while the health care team was trying to correct his blood glucose level, what could occur?
   If the patient was given too much glucose to correct the blood glucose level, hyperglycemia could occur. This would come along with many new clinical symptoms and more complications.
5. What key elements would you include in the handoff report for this patient? Consider the SBAR (situation, background, assessment, recommendation) format.
   18 year old male patient came in for hypoglycemic episode. Patient has a history of type 1 diabetes and was treated for hypoglycemia. Patient was given 50% dextrose in water and is doing well and stable. We gave him carbohydrates and protein. We will need to provide more education for this patient and continue to monitor blood glucose levels.
6. Describe age-appropriate patient teaching for Skyler Hansen and resources that may be helpful to him.
   I would teach this patient more about his type 1 diabetes, signs and symptoms of hypo and hyperglycemia, how to check blood sugar level, and how to live a healthy lifestyle. I would refer him to a support group of teenagers who are also living with type 1 diabetes.
7. Discuss confidentiality and legal empowerment of 18-year-old patients such as in Skyler Hansen's case.
   Since Skylar is 18 years of age, that makes him a legal adult in which he can make all of his own decisions for treatment. He is able to sign all confidentiality forms which have to be followed about the information that can be shared.
8. What would you do differently if you were to repeat this scenario? How would your patient care change?
   If I were to do anything differently for this scenario it would be to check the blood sugar level sooner than when I did. If I made that my top priority, I feel like I would have seen

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the hypoglycemic episode coming on. Other than that, I feel like I did really good on patient care in this scenario.

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