

## Covenant School of Nursing Reflective

*Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.*

<p><b>Step 1 Description:</b></p> <p>On Tuesday I had the opportunity to start an IV for the first time on a patient. It resulted in me successfully getting it after one failed attempt. It was a great learning experience for me and I had amazing help from my nurse.</p>	<p><b>Step 4 Analysis</b></p> <p>I feel like I grew a lot as a nursing student because before I started this IV, I had only practiced once on a manakin. Being able to do the skill and be hands-on is so much better than practicing on a manakin. I feel confident enough now that when asked to start an IV I will gladly jump right in and know what I am doing. It will always be a learning experience because every person's body is different, and no one has the same veins so I look forward to doing more IVs through my nursing school days.</p>
<p><b>Step 2 Feelings:</b></p> <p>In the beginning I was nervous and not very confident. My nurse did a great job of making me feel like I could do it and she helped me by allowing me to practice first. The patient was calm and wasn't nervous about me doing my first IV on him so that helped me be less nervous as well.</p>	<p><b>Step 5 Conclusion</b></p> <p>I learned that it is okay to make mistakes and try again. Next time I will be more careful and make sure I don't advance the needle too far. I feel like everything went well other than my slip up with the first IV.</p>
<p><b>Step 3 Evaluation:</b></p> <p>My nurse set up a practice station with gauze, a straw, and an IV kit. She allowed me to practice on it until I felt confident, and I thought that was helpful because it felt very similar to how a vein would feel. When I started the IV, I accidentally advanced the needle too far instead of the catheter, which caused the vein to blow. My nurse was prepared and had coband and gauze and thankfully the patient allowed me to try again in a different place. I got it on the second try and, although I was discouraged at first, I felt happy that I was able to get the IV in successfully. The patient was understanding, and he congratulated me on doing a good job and said it didn't hurt at all.</p>	<p><b>Step 6 Action Plan</b></p> <p>My nurse teaching me how to make the makeshift vein was helpful and I hope I can show that to my classmates so they can feel what it would feel like to hit a vein with the needle and to help them become more confident with IVs. I will apply this experience to my nursing career every time I start an IV. It will help me improve my skills because it taught me how fragile a vein can be and when to stop inserting the needle and start pushing the catheter portion in the skin while pulling the needle back.</p>