

Guided Reflection Questions for Medical Case 1: Kenneth Bronson

Opening Questions

How did the scenario make you feel?

This scenario definitely surprised me in the end. I did not think the patient was going to have an anaphylactic reaction to the medication. At first, I was a little stressed figuring out what to do, but I think I handled it well once I got all the steps down.

Scenario Analysis Questions*

PCC, EBP What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?

The patient's heart rate increased, blood pressure dropped, skin was hot and red, patient said he couldn't breathe, respiratory rate increased.

PCC, EBP Discuss the differences between mild, moderate, and severe anaphylactic reactions.

Mild reactions are more local like a rash or hives and watery eyes. Moderate reactions include those plus dyspnea, pruritus, swelling. Severe reactions are life threatening and can cause pain, vomiting, dizziness, throat swelling, and severe itching.

EBP/S Discuss the importance of follow-up assessments post-reaction.

It is important to reassess the patient post-reaction that way we can make sure treatment is working and that the patient does not get a delayed reaction.

Concluding Questions

What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?

She needs an allergy bracelet and documentation in her medical chart that she is allergic to that medication and what type of reaction she had. She will also need a new medication prescribed as an antibiotic.

Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside.

I would tell the family that the patient seems to be having an allergic reaction to the medication and that they should step out until we get the patient stable. After getting the patient stable, I would then do full education as to what happened and the treatment that was provided.

After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?

If I were to change anything, I would have assessed the patient more thoroughly after I gave the new medication. I would have also checked the pulse oximetry sooner so I could have applied oxygen faster. I called the doctor and stopped the infusion immediately, so I would keep that the same for my next patient that is in this condition.

How could you prepare for clinical to anticipate potential patient emergencies?

I will prepare myself by knowing what medications are related to others. I will also always ask the patient if they have any allergies and if so, what kind of reaction do they have. Doing these things will help prevent and prepare for emergencies, like the one in this scenario.

* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*