

Stephanie Garza IM7 Keneth Bronson VSIM

While taking care of Keneth Bronson I felt good about my assessments and handling the initial medications, but when he went into anaphylaxis shock I panicked and didn't know what to do other than knowing I needed to do something fast. I felt like in person I would have been able to do some of the skills a little faster considering on the Vsim, I needed to find all the areas and buttons to do what I wanted to do. I tried to shut off the antibiotic infusion but it didn't look like it was shutting off so I kept clicking it and it was apparently shutting on and off till I realized eventually that it did shut off. While not realizing it was shutting off and it being turned back on I moved on to doing things in a panic that weren't in the order as I learned that in the rationale. The rationale helped me know what I needed to do and in what order mostly so the next attempt I did better, but I didn't quite conquer the anxiety I felt to act quickly enough and hearing the monitors beeping at me and the patient repeated himself not being able to breathe was scary. Finally on the third try I was able to feel confident on what I needed to do and involving the Dr. and getting the other orders and taking care of him as needed and then I made a 100! I got a lot better at how to get around all the areas and buttons I needed to click to do the things I needed to do. I really enjoyed the experience of Vsim.

The signs and symptoms Keneth showed to alert me of anaphylaxis shock was the immediate reaction after giving the antibiotic which included the dyspnea and rash.

In Keneth's case the allergic reaction was anaphylaxis shock therefore, it would be considered a severe allergic reaction because it causes life threatening reactions such as blocked airway from inflammation and also affecting other vital parts such as the heart and lungs trying to compensate for oxygen. In mild allergic reactions the symptoms are usually in one location such as the area affected in examples like a bee sting. In moderate allergic reactions the symptoms are like the mild ones but a bit broader in location in the body such as systemic, but not life threatening.

Follow up care would involve continuous monitoring of Keneth's vitals due to the fact that delayed response can happen and the importance of being prepared and acting quickly is vital for decreasing mortality.

The further needs of Keneth at the end of the scenario would be to treat the other complications such as fever and hydration which would be compromised from the fever and the anaphylaxis shock that made his body work hard to fight. Also to get a new order from the Dr. of an antibiotic that would treat the pneumonia but in a different classification. The continuation of monitoring for relapse of anaphylaxis shock is also still important.

I would educating the pt. And family on what happened and how to recognize signs and symptoms of the different levels of allergic reactions and how to respond to each level to prevent further decline.

After completing the scenario I would apply what I learned in my clinical by preparing myself for the possibilities of decline and what I can expect and prioritizing on a sheet of paper the steps needed to quickly bring the pt. Back to base line vitals which would help me with direction of actions needed when anxiety kicks in and I loose my mind on what to do.

Things I would change would be to call the Dr. Sooner than I did and call for help from my team as I wait for the Dr.'s new orders and initiate the most important steps such as assessing the ABC's and getting the epinephrine in ASAP.