

## Covenant School of Nursing Reflective

*Use this template to complete the Reflective Practice documentation. Do not exceed the space in each box. Any information not visible to you is lost.*

<p><b>Step 1 Description</b>          I cared for a patient with a feeding tube, and I administered multiple medications to the patient via bolus feeding through the G tube on Tuesday May 3, 2022. I was accompanied by the nurse I was shadowing, and I performed everything while she observed. I first crushed the medications, gathered my water and other supplies, and then began to administer the medications via peg tube. I also had to use the nutrition pump and start a new nutrition bag for the patient to have for the next 24 hours. My nurse also accompanied and supervised me during the set-up of the enteral nutrition feeding.</p>	<p><b>Step 4 Analysis</b>          This situation allowed me to apply previous knowledge from module 2 over administering enteral medications. A broader issue that could have arisen if critical elements were not followed would be the possibility of aspiration. Since the patient had a G tube there is an increased risk for aspiration if the patient does not remain sitting at least 30 degrees. This also relates to our seizure lecture in a way because the patient suffered from seizures and chronic drinking which led to the need for a feeding tube. I was shown the seriousness of some seizures and the effects they can have on a patient's ability to perform ADL.</p>
<p><b>Step 2 Feelings</b>          At the beginning I was feeling excited, this was the first time I was able to work with a patient that had a peg tube. I was thinking about my critical elements for enteral feeding and medications. The event made me feel confident in the end. My nurse's actions and encouragements reminded me that I knew exactly what to do, which gave me more confidence. The outcome made me feel proud of myself. The most important emotion or feeling I have about the incident is my confident and ease about enteral feedings and meds. That is the most important thing because when I am confident and relaxed, I do the best job.</p>	<p><b>Step 5 Conclusion</b>          To make the situation better I could have had a better organization process of my crushed meds and water. My nurse also said she could have made things easier by mixing the lactulose syrup with water before she asked me to administer the medication. I could have been more prepared and therefore timely with my medication administration. I learned that when administering a thicker substance via G tube, I should mix the medication with water.</p>
<p><b>Step 3 Evaluation</b>          Something good about this event was that I got to perform two skills that I had not had the opportunity to until today. Something that was bad about this event is that the whole process took a long time, the lactulose administration slowed us down and kept us from other patients. Something that was easy about the event was that the patient was drowsy and confused and was not bothered by the amount of time it took to perform my tasks. Something that was difficult was working on the coordination part of pouring meds, pouring water, and keeping the area as clean as possible. My nurse and I did a good job communicating throughout the process. I expected the enteral feeding setup to be more complex, but the machine made it very easy. The only unexpected part about the feeding and med admin was the lactulose taking so long to be administered. I contributed by completing the feeding set up and administering the medications.</p>	<p><b>Step 6 Action Plan</b>          Overall, I think the situation helped me build on two skills I learned in Module 2. I can conclude that I would be able to perform both skills without assistance from the nurse because of this extra practice with a nurse who was very helpful and answered all my questions. Something I would do differently would be to make sure all medications are able to be crushed at the beginning of the shift. We were lucky but if the medications were not able to be crushed, we could go ahead and call pharmacy. The lessons I learned from this taught me to properly set up an enteral feeding and bolus medications. I can use the lessons learned today to always look at the medications at the beginning of the shift in case any changes are needed by the 9 am medications. This experience taught me to always be prepared and organized, if we would have given this patient his medications first another patient who needed their medications more urgently may have been in distress. This experience taught me to prioritize my medications and patients at the beginning of the day to get everything done in a proper and timely manner.</p>

## Covenant School of Nursing Reflective