

Guided Reflection Questions for Medical Case 1: Kenneth Bronson

Opening Questions

How did the scenario make you feel?

I haven't done a VSIM in two years, so I felt lost in the beginning and then did better on the second round. It gave me a little anxiety that my patient was in anaphylactic shock while I was helping him. I had to slow it down to make sure I administered all the medications correctly without any errors.

Scenario Analysis Questions*

- PCC, EBP** What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?
When he told me that it felt like his throat was closing up I immediately thought of anaphylaxis. His respirations increased and he sounded like he was having trouble breathing.
- PCC, EBP** Discuss the differences between mild, moderate, and severe anaphylactic reactions.
A mild reaction might be just a little rash, moderate could be a very itchy rash associated with hives, and severe would be the airway becoming obstructed.
- EBP/S** Discuss the importance of follow-up assessments post-reaction.
There, could be a delayed allergic reaction after the initial one until all the medication causing the reaction has left the body.

Concluding Questions

What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?

Reassess for a delayed allergic reaction. Make sure that his oxygen saturation stays at or above what the doctor ordered. Make sure that his medical record is updated with medication that caused the allergic reaction.

Reflect on how you would communicate with family members in an emergency situation if they were present at the bedside.

Explain what is happening with the patient so the family understands the interventions.

After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?

To be more familiar with how the doctor's orders are worded because the order advised to monitor cardiac function, and I didn't realize that meant put the 3 lead ECG on him. I need to become more familiar with which oxygen device I should use during respiratory distress.

How could you prepare for clinical to anticipate potential patient emergencies?

Study oxygen device delivery systems, become more familiar with emergency medications and their rates of administration so I'm not wasting time looking up the information.

* *The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>*