Guided Reflection Questions for Medical Case 1: Kenneth Bronson

Opening Questions

How did the scenario make you feel?

- **This scenario made me feel more prepared. I haven't been in a real-life situation where the patient had anaphylaxis, so although this was virtual, it made me feel prepared on what might occur and how quick I would have to react in this type of situation.**

Scenario Analysis Questions*

PCC, EBP What signs and symptoms led you to the conclusion that Kenneth Bronson was experiencing an allergic reaction?

- **The patients heart rate immediately went up and he stated he was having trouble breathing and it felt like his throat was closing up, which caused his O2 Sat to start decreasing.**

PCC, EBP Discuss the differences between mild, moderate, and severe anaphylactic reactions.

- **A severe reaction involves a person breathing and/or circulation. While mild and moderate involves swelling of the lips, face and eyes or the presence of hives or welts.** As well as tingling sensation and abdominal pain.

EBP/S Discuss the importance of follow-up assessments post-reaction.

- **It is important to follow up post anaphylaxis reaction to make sure the reversal agent, such as Epi, was effective and their vitals have returned to normal. Anaphylaxis can present differently with different patients so its always safe to have continuous monitoring and follow ups.**

Concluding Questions

What further needs does Kenneth Bronson have at the end of the scenario that future nursing care should address?

- **Kenneth will need to find an alternative antibiotic for the Pneumonia and have continuous monitoring of his lungs and breathing.**

Reflect on how you would communicate with family members in an emergency if they were present at the bedside.

- **It is important to stay calm and educate them on what has occurred while reassuring them that you are doing everything needed to take care of Kenneth and reverse the anaphylaxis.**

After completing the simulation and reflecting on your experience, what would you do differently (or the same) for the patient experiencing acute respiratory distress?

- **I would start by subjective assessments and asking them questions about how they're feeling then move on to objective assessments like O2 Sat and RR. I would also start with non-invasive interventions such as raising the head of the bed and IS, if they are stable.**

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How could you prepare for clinical to anticipate potential patient emergencies?

- **I would go in with a clear mind, anticipating that anything could happen at any given moment. I would also make sure I'm asking all the necessary questions so I can continue to be prepared and knowledgeable in emergency settings.**

** The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: http://qsen.org/*

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