

**Covenant School of Nursing
Instructional 1 Learning Guide
Topic: Health History & Health Assessment**

Learning Goals/Outcomes	
Upon completion of this lesson, you will be able to: <ul style="list-style-type: none"> • Understand the process of bowel and urinary elimination. • Determine factors affecting the elimination process. 	
Pre-Class Preparation	
Required: Read <ul style="list-style-type: none"> • Potter, P., Perry, A., Stockert, P., & Hall, A. (2021). <i>Fundamentals of Nursing</i> (10th ed.) Nursing Assessment, Health Assessment and Physical Examination, St. Louis, MS: Elsevier. • Review PowerPoint Slides Additional Resources: <ul style="list-style-type: none"> • None 	
Learning Activities	
Classroom Activities: <ul style="list-style-type: none"> • Lecture • Group Discussion • In-class identification activity Laboratory/Clinical Activities: <ul style="list-style-type: none"> • Clinical assessment of bowel and urinary elimination Online: <ul style="list-style-type: none"> • None 	
Evaluation Methods	
<ul style="list-style-type: none"> • Unit Exam • CPE & Simulation 	
<i>Texas DECs</i>	<i>QSEN Competencies</i>
Knowledge: IA: 4; IB: 3, 7b, c IIB: 1,2,3; IIC: 1a, 2a, c; IID: 1a IIIA: 3; IIIB: 1a, b; IIIC: 2; IIID: 1c IVA: 5a; IVC: 4b; IVE: 1a Clinical Judgments and Behaviors: IA: 2; IB: 3a, b, c, 8 IIA: 2a; IIB: 1, 2, 3a, 5, 9; IIC: 1; IID: 2c IIB: 1, 2, 3a, 9; IIIC: 2a, b; IIID: 1, 2, 3 IVA: 2a; IVC: 2b, c; IVE: 1a	Patient Centered Care Safety
<i>IM Student Learning Outcomes</i>	<i>NCLEX Test Plan</i>
1; 4; 8	Management of Care: Client Rights; Health Promotion and Maintenance: Techniques of Physical Assessment

Concepts	Faculty
Health Promotion: Physical Assessment	Stunkard
Date originated: 5/2/18	Revision Dates: 02/4/2019; 01/24/2022

Instructional Module 1 Learning Guide

Topic: GI Elimination

CSON Learning Guide (adopted 5-2015 by Faculty vote) – REV 9-2016