

Covenant School of Nursing
Instructional 1 Learning Guide
Topic: Health History & Health Assessment

Learning Goals/Outcomes
Upon completion of this lesson, you will be able to: • Gather baseline data about the patient's health. • Determine appropriate use of assessment techniques.
Pre-Class Preparation
Required: Read • Potter, P., Perry, A., Stockert, P., & Hall, A. (2022). <i>Fundamentals of Nursing</i> (11th ed.) Nursing Assessment, Health Assessment and Physical Examination, St. Louis, MS: Elsevier. • Review PowerPoint Slides Complete • The online assignments listed in the Learning Activities have a course due date that is documented in the Lesson information. It is recommended that you complete the activities prior to class for an introduction to the lecture. • An average score of 80% on each test in the assignment is required. Failure to complete the assignments by the due date will result in an absence – review your syllabus. Additional Resources: • None
Learning Activities
Classroom Activities: • Lecture • Group Discussion and practice in class (bring stethoscope and pen light to class <u>both</u> physical assessment classroom days) Laboratory/Clinical Activities: • Physical Assessment Lab • Physical Assessment Clinical site with a diverse population • Simulation Online: • Go to My Evolve - Select Clinical Skills: Skills for Nursing Collection - Select Course Content - Select Essentials Collection - Select and complete the following modules: --Head-to-Toe Assessment • **Please concentrate on <u>BASIC</u> skills when assessing the <u>ADULT</u> patient. (There are advanced skills shown in the video, which you will learn later and not need to perform in this class).
Evaluation Methods
• Unit Exam • CPE & Simulation

Texas DEC's	QSEN Competencies
Knowledge: IA: 4; IB: 3, 7b, c IIB: 1,2,3; IIC: 1a, 2a, c; IID: 1a IIIA: 3; IIIB: 1a, b; IIIC: 2; IIID: 1c IVA: 5a; IVC: 4b; IVE: 1a Clinical Judgments and Behaviors: IA: 2; IB: 3a, b, c, 8 IIA: 2a; IIB: 1, 2, 3a, 5, 9; IIC: 1; IID: 2c IIB: 1, 2, 3a, 9; IIIC: 2a, b; IIID: 1, 2, 3 IVA: 2a; IVC: 2b, c; IVE: 1a	Patient Centered Care Safety
IM Student Learning Outcomes	NCLEX Test Plan
1; 4; 8	Management of Care: Client Rights; Health Promotion and Maintenance: Techniques of Physical Assessment
Concepts	Faculty
Health Promotion: Physical Assessment	Stunkard
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