

**Covenant School of Nursing
Instructional Module 1 Learning Guide
Topic: Hygiene**

Learning Goals/Outcomes		
<p>Upon completion of this lesson, you will be able to:</p> <ul style="list-style-type: none"> • Explain how personal hygiene relates to health and well-being • Describe factors influencing personal hygiene practices • Discuss different approaches used in maintaining a patient's comfort and safety during hygiene care • Demonstrate nursing skills to promote patient hygiene (such as bathing and foot care) 		
Pre-Class Preparation		
<p>Required:</p> <ul style="list-style-type: none"> • Read Potter & Perry Fundamentals of Nursing Chapter: Hygiene • Review Power-Point slides <p>Complete the online activity listed in Learning Activities. An average score of 80% on the test with the activity is required prior to class.</p>		
Learning Activities		
<p>Classroom Activities:</p> <ul style="list-style-type: none"> • Lecture • Discussion • Bathing video <p>Additional Resources:</p> <ul style="list-style-type: none"> • None <p>Laboratory/Clinical Activities:</p> <ul style="list-style-type: none"> • Complete bed bath in clinical setting <p>Online/Out of Class</p> <ul style="list-style-type: none"> • My Evolve <ul style="list-style-type: none"> Clinical Skills for Nursing Collection Course Content Essential Collection: <ul style="list-style-type: none"> Performing a Complete/Partial Bedbath Cleaning Dentures Performing Nail and Foot Care Applying stockings Performing Perineal Care for a Female Performing Perineal Care for a Male Patient. <p>View Demos and Complete test.</p>		
Evaluation Methods		
<ul style="list-style-type: none"> • Exam • Hygiene Clinical 		

Texas DECs	QSEN Competencies
Knowledge II.A,1a, 2b, 3, 4a; IIB, 2,6,7,12; IIC, 3a, 4a, 4b, 6, 8; IID, 1a;IIE, 1a, 1b, 1c, 3b, 4b, 5, 12; IIG,3a; IVB, 3d, IVC, 3a, 8 Clinical Judgments and Behaviors IA, 2; IB, 2a, 3a, 3c, 5a, 5c; IIA, 2a, 2b, 4; IIB, 2, 3b, 5; IIC, 1, 2, 7; IID, 2c, 3b; IIE, 2a, 2b, 4, 6a, 13a; IIF, 1a, 1b, 1c, 5a, 5b; IIG, 1a, 5c; IIIA, 4; IIIB, 1, 2, 3a, 3b; IIIC, 2a; IVB, 1a, 2a; IVC, 2b; IVE, 2b	PCC; T & C, S
IM Student Learning Outcomes	NCLEX Test Plan
2/1;3/3, 4/1; 4/4; 6/6;6/1,8/8	MOC: Basic Care and Comfort; Personal Hygiene MOC: Health Promotion & Maintenance
Concepts	Faculty
Health Promotion Hygiene/ Pathophysiology of Skin and Ptressure Ulcers	M. Foster MSN, RN
Date originated: 06/18/15	Revision Dates: 9/9/16; 12/07/16; 01/10/17;12/06/17;01/21/19;01/31/20/5/14/20, 01/22

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