

Covenant School of Nursing
Instructional Module 5 Learning Guide
Topic: The Art of Pediatric Nursing

Learning Goals/Outcomes

Upon completion of this lesson, you will be able to:

- Apply elements of family-centered care in the practice setting.
- Differentiate between Family Systems Theory, Family Stress Theory, and Developmental Theory.
- Differentiate between various types of families and parenting styles.
- Identify child and family stressors.
- Apply principles of Atraumatic Care to child and family stressors.
- Apply guidelines of communicating with children to the pediatric clinical setting.

Pre-Class Preparation

Recommended: Hockenberry, M. J., Wilson, D. & Rodgers, C.C (2022). *Wong's essentials of pediatric nursing* (11th ed.). St. Louis, MO: Mosby/Elsevier.

- Family-Centered Care, pgs. 7-8.
- Atraumatic Care, pg. 8.
- Definition of Family, pg. 15.
- Family Theories, pg. 15-17.
- Family Structure, pgs. 18-19.
- Parenting Styles, pg. 20-21.
- Providing Anticipatory Guidance, pg. 59.
- Communicating with Children, pgs. 60-62.

Learning Activities

Classroom Activities:

- Discussion: How do you apply family-centered care and atraumatic care in the pediatric clinical setting?
- Watching several brief videos on family-centered care, parenting styles, and pediatric communication.

Laboratory/Clinical Activities:

- Application of the principles of Family-Centered Care and Atraumatic Care to the pediatric patient.
- Demonstration of developmentally appropriate communication.

Online/Out of Class Activities:

- None

Evaluation Methods

- Unit Exam
- HESI Specialty Exam: Pediatric Nursing

Texas DEC's	QSEN Competencies
Knowledge: IIA1a-1b, 3; IIB3, 5; IIC1a, 2a, 8; IVA2; IVC1, 3; IVD1. Clinical Judgment: IIB1; IIC1; IID1; IIE9; IVA1; IVC1a-c; IVD2; IVD6a.	Patient-Centered Care, Teamwork & Collaboration
IM Student Learning Outcomes	NCLEX Test Plan
2, 3, 5, 8	Safe and Effective Care: Management of Care: Advocacy, Collaboration with Interdisciplinary Team, Concepts of Management, Referrals. Health Promotion and Maintenance: Developmental Stages and Transition, Health Promotion/Disease Prevention. Psychosocial Integrity: Coping Mechanisms, Cultural Awareness/Cultural Influences on Health, Family Dynamics, Stress Management, Therapeutic Communication.
Concepts	Faculty
Care Coordination, Collaboration, Communication	D'Anne White MSN, RN
Date originated: May, 2016	Revision Dates: November, 2016 July, 2016 November, 2017 May, 2018 November, 2019 July, 2020 December, 2020 April, 2021 July, 2021 November, 2021

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