

Covenant School of Nursing Instructional Module (IM6)
SIMULATION LEARNING GUIDE
Topic/Concept: PMH Simulation

Needs Analysis Documentation
<ul style="list-style-type: none"> Students have limited PMH clinical experience and may not have the opportunity to assist in the care of a PMH patient in an acute setting.
Learning Goals/Outcomes
<p>Upon completion of this simulation learning activity, you will be able to:</p> <ul style="list-style-type: none"> Identify, prioritize and implement appropriate nursing interventions based on a focused PMH assessment for the acute PMH patient such as responding to internal stimuli, self-harm, suicidal ideation, agitation, anxiety, alcohol and drug withdrawal. Identify safety concerns and implement measures to minimize risk. Incorporate patient-centered care throughout your assessments, interventions and education as you provide care to the PMH patient based on identified needs and risks. Demonstrate use of SBAR communication when collaborating with other members of the health care team to promote optimal care of PMH patient. Apply trauma-informed care therapeutic communication techniques applicable to specific patient behaviors including anxiety, agitation, responding to internal stimuli, and staff manipulation. Use critical thinking to select correct medications for patients based on assessment and using assessment tools appropriate to specific scenarios.
Scenario(s) Used
<ul style="list-style-type: none"> Alcohol withdrawal Schizophrenia Borderline personality disorder Anxiety Bipolar mania PTSD Substance use disorder
Schedule of Activities
<p>PMH Sim Day One</p> <ul style="list-style-type: none"> PMH Room, orientation Therapeutic communication activity PMH scenarios <p>PMH Sim Day Two</p> <ul style="list-style-type: none"> PMH Room, orientation Therapeutic communication activity PMH scenarios
Pre-Simulation Learning Activity Preparation (Pre-Briefing)
<p>On-Line/ Out of Class</p> <ul style="list-style-type: none"> Review contents of PMH simulation folder in LMS prior to coming to PMH sim Complete the PMH Medication work sheets for the common medications you might encounter in your scenario <p>Lecture(s)</p> <ul style="list-style-type: none"> Nurse/patient relationship Psychopharmacology Anxiety disorders Schizophrenia Personality disorders Mood disorders Substance use disorders
Simulation Learning Activities
Simulation Activities:

- Orientation to room
- Therapeutic communication and safety review
- Scenarios
 - o Role assignment for each student – TPCN, CN, Family member, Physician, Debriefers, additional RN, or family member
 - o Pre-Brief SBAR off going report
 - o Group discussion to establish plan of care for the patient
 - o Critical Thinking Worksheet for TPCN to use in planning or patient care
 - o Debriefers Evaluation tool

Online/Out-of-Class:

- PMH Simulation Reflection

Evaluation Methods (Debriefing)

- Delta+ discussion
- Post-SLA Survey in Red Cap

Other Appropriate Documentation

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Time Allotted	PMH Sim Day One
0.5 hours	OB Room and orientation
0.5 hours	Therapeutic communication and safety activity
2.0 hours	Anxiety patient – (High-fidelity scenario calculated 2:1) (Pre-brief 15 minutes, 30 minutes scenario, 15 minutes Post-brief)
2.0 hours	PTSD patient – (High-fidelity scenario calculated 2:1) (Pre-brief 15 minutes, 30 minutes scenario, 15 minutes Post-brief)
2.0 hours	Drug abuse patient – (High-fidelity scenario calculated 2:1) (Pre-brief 15 minutes, 30 minutes scenario, 15 minutes Post-brief)
7.00 hours	
Time Allotted	PMH Sim Day Two
2.0 hours	Alcohol withdrawal patient – (High-fidelity scenario calculated 2:1) (Pre-brief 15 minutes, 30 minutes scenario, 15 minutes Post-brief)
2.0 hours	Borderline personality disorder patient (High-fidelity scenario calculated 2:1) (Pre-brief 10 minutes, 20 minutes scenario, 15 minutes Post-brief)
2.0 hours	Schizophrenia patient– (High-fidelity scenario calculated 2:1) (Pre-brief 15 minutes, 30 minutes scenario, 15 minutes Post-brief)
2.0 hours	Bipolar mania patient (High-fidelity scenario calculated 2:1) (Pre-brief 10 minutes, 20 minutes scenario, 15 minutes Post-brief)
8.00 hours	

Texas DECs	QSEN Competencies
<ul style="list-style-type: none"> • Knowledge • Provider of patient centered care • Patient safety advocate • Clinical Judgement 	<ul style="list-style-type: none"> • Patient Centered Care • Teamwork & Collaboration • Evidence Based Practice • Safety
IM Student Learning Outcomes	NCLEX Test Plan
<ul style="list-style-type: none"> • Assessment & Intervention • Communication • Critical Thinking • Human Caring & Relationship • Management • Leadership • Teaching • Knowledge Intergrations 	<ul style="list-style-type: none"> • Safe & Effective Care Environment • Health Promotion & Maintenance • Psychosocial Integrity • Physiological Integrity
Concepts	
<ul style="list-style-type: none"> • Clinical Judgment • Communication • Patient Education • Professionalism • Teamwork and Collaboration • Evidence-based Practice • Leadership and Management • Patient-centered Care • Safety 	
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