

Dean, L., Butler, A., & Cuddigan, J. (2021). The Impact of Workplace Violence Toward Psychiatric Mental Health Nurses: Identifying the Facilitators and Barriers to Supportive Resources. *Journal of the American Psychiatric Nurses Association*, 27(3), 189–202. <https://doi.org/10.1177/10783903211010945>

**1. There are several barriers that impede PMH nurses to access supportive resources. Which one of the following was a specific barrier identified by the PMH nurses?**

**A. Limited knowledge and/or unawareness of supportive resources**

B. Supportive resources located externally from the job site

C. Availability of support staff during the night shift only

D. Financial strain to acquire the necessary therapy

**2. According to Taylor's theory of cognitive adaptation, in order for one to achieve quality of life after experiencing a traumatic event, they must actively engage in the readjustment process. This process consists of the following, EXCEPT:**

A. Finding meaning as to why the assault happened

B. Acquiring master over the traumatic event and its adverse effects

C. Achieving overall self-enhancement

**D. Confronting their perpetrator in a safe environment**

**3. What is the most common type of abuse experienced by PMH nurses in this article and within the United States?**

A. Physical

B. Sexual

**C. Verbal**

D. Emotional

**4. In this article, the PMH nurses revealed that the most recent episode of WPV occurred within the past:**

**A. 30 days**

B. 60 days

C. 90 days

D. 3 months

**5. Which of the following is NOT considered to be the long-term effects of WPV?**

A. PTSD

B. Burn-out/compassion fatigue

**C. Resiliency**

D. Loss of confidence

**6. What two evolving subthemes were associated with the concepts of understanding WPV and the maintenance of mental well-being?**

A. Participation in legislation and other advocacy groups

**B. Reframing the experience and self-reflection**

C. Meditation and yoga practices

D. Researching WPV and identifying its neurological impact