

Maternity Case 6: Amelia Sung (Complex)

Guided Reflection Questions

Opening Questions

How did the simulated experience of Amelia Sung's case make you feel?

I found this scenario and situation to be confusing. I am not sure if it is the online aspect of the scenario or not really knowing much yet about OB.

Describe the actions you felt went well in this scenario.

Confused primarily on how to navigate the scenario and technology aspect of this scenario. The exam questions were the easiest for me.

Scenario Analysis Questions*

EBP What risk factors specific to shoulder dystocia were identified in Amelia Sung's case?

- mother gaining significant weight while pregnant
- the mother being shorter than normal
- the infant being a bigger baby than normal

PCC/I Prioritize your nursing actions for Amelia Sung based on your assessment.

Due to not being able to easily navigate the scenario, I might have done things in a wrong order.

Typically, I would assess the mother's dilation and contractions. I would assist by providing suprapubic pressure. I would help deliver the baby and ensure proper resuscitation if needed. I would ensure the mother is not bleeding too much and tend to her as well. Then I would initiate transport to the NICU.

EBP List potential problems for Amelia Sung and her baby related to the shoulder dystocia.

- possible oxygen deprivation
- could rip the mothers vaginal to anal area.

* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>

-the baby could have broken something or head trauma.

T&C List the interprofessional health care team that should be involved in Amelia Sung's case.

-the physician

-an anesthesiologist

-the nurse

-the NICU team

S/QI/I Consider what points might be included in a safety checklist for shoulder dystocia.

-how the mother feels

-the RR and HR of the infant

-ensure no broken extremities

- proper resuscitation

Concluding Questions

Reflecting on Amelia Sung's case, were there any actions you would do differently? Explain.

Yes, I would have done my initial assessment quicker and assessed for dilation and documented that better. Taking care of the mother was my weak spot and the baby I felt knowledgeable about. I also should have let the NICU know faster that we were planning on going there.

Describe how you would apply the knowledge and skills that you obtained in Amelia Sung's case to an actual patient care situation.

I learned that assessments are important initially and throughout the scenario. I learned that taking care of the mother is just as important as taking care of the baby. I am hoping to learn more about taking care of the mother in the OB section next module!