

Instructional Module 4 – Adult M/S 2

| Competency | Outcomes | Secondary Outcomes | Give examples of how you met each outcome |
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| Assessment & Intervention | Implement a plan of care that integrates adult patient-related data and evidence-based practice. | <ul style="list-style-type: none"> - Define plan of care for specific health impairment - Identify signs/symptoms of health impairment - Select & implement proper interventions for specific health impairment - Evaluate effectiveness of interventions | <ol style="list-style-type: none"> 1. I took morning glucose levels for my floor and one of my patients had a high blood glucose so I notified my nurse. After I notified her we went to the med room and drew up insulin for this pt. We then administered it. We evaluated the effectiveness of the insulin by rechecking my patients blood glucose after three hours. The patients blood glucose was lowered by this time . 2. I had a patient that was admitted with a severe back injury. She was on morphine and a muscle relaxer. When I was reviewing her chart and gathering information on this patient , I saw that she was on a nasal canula at 2 L. When I went in to perform my assessment on her and check her vitals, I noticed that her O2 was running in the low 90s . I remembered what I had read in her chart and saw that she was not wearing her NC. I asked her who had taken it off and she said that she had because it was annoying to wear it. I told her that it was important to wear it because her medication could cause her O2 to be low, I placed her NC back on and her O2 sat improved . |
| Communication | Communicate effectively with members of the healthcare team. | <ul style="list-style-type: none"> - Identify health care team members & their purpose - Interact appropriately with health care team. - Utilize proper SBAR, TEAM Steps, etc. - Evaluate outcomes of communication process | <ol style="list-style-type: none"> 1. I communicated with my RN and CNA and received report of the patients we had for the day. We had 4 patients and three were needing baths. I communicated with my CNA that I would be taking the blood sugar and vital signs for these patients and told her that if I was able to I would help with the baths for my patients as well. 2. I had a patient that had a back injury and needed occupational therapy.. She was unable to get out of bed without assistance. She could ambulate with a walker , but needed assistance because she would get shooting pain and could possibly fall . OT came in to work with her and I communicated what she was needing help with This helped with her therapy because they focused on her main concerns. |
| Critical Thinking | Apply evidence based research in nursing interventions. | <ul style="list-style-type: none"> - Analyze pertinent data (subjective, objective) - Identify evidence based practice (EBP) resources - Distinguish EBP nursing interventions - Apply EBP nursing interventions - Document resources & interventions | <ol style="list-style-type: none"> 1. I had to administer a IV push med for one of my patients. My nurse and I drew up the medication, gathered our supplies and went to the patients room . I used an alcohol prep pad to scrub the hub of the needless connector for 15 seconds with friction. Evidence based practice shows that any IV access points with a surface open to the environment require disinfection prior to use, as it acts as the immediate portal of entry for contaminants. 2. I had an order to administer Enoxaparin to my patient . Before doing so I made sure to check platelets, after verifying that the values were within normal limits I went ahead and administered the med. |
| Caring and Human Relationships | Incorporate nursing and healthcare standards with dignity and respect when providing nursing care. | <ul style="list-style-type: none"> - Explain need for nursing & health care standards - Apply standards to patient care (HIPAA, QSEN, NPSG) - Communicate concerns regarding hazards/errors in patient care | <ol style="list-style-type: none"> 1. When receiving report from the night nurse I asked when they were last changed and she was not sure. I checked under my patients sheets to be sure that my patient was not soiled . 2. I had a patient that had NS running for their primary fluids. This patient had an order for an antibiotic so I made sure to piggy back the med with secondary tubing and administered it. |
| Management | Recommend resources most relevant in the care of patients with | <ul style="list-style-type: none"> - Assess patient needs during acute care to promote positive outcomes. - Assimilate co-morbidities into plan of care | <ol style="list-style-type: none"> 1. I took care of a patient who had a severe back injury. After speaking to the patient I notified my nurse that we had to contact a case manager for this pt because she was unable to care for herself at home and needed to be released to a |

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| | health impairments. | <ul style="list-style-type: none"> - Identify appropriate resources - Initiate discharge plan | <p>rehab facility instead of her home. This patient was also a dialysis patient that needed help with transportation to/from the treatment facility. Case management also had to be contacted for this .</p> <p>2. I had a patient that was admitted with a hip fracture from a fall. She had to get surgery on her hip. PT/OT were set up to visit the patient in order to assess if the pt would be able to be discharged the next day. We began discharge paper work and the patient needed to a walker to be able to be discharged . She stated that she did not own a walker and could not afford one. My nurse and I contacted case management to assist her in getting access to a walker in order to be able to go home.</p> |
| Leadership | Participate in the development of interprofessional plans of care. | <ul style="list-style-type: none"> - Identify/define interprofessional plan of care - Integrate contributions of health care team to achieve goals - Implement interprofessional plan of care | <p>1. With my patient with the severe back injury, my nurse and myself involved other interdisciplinary team members to come up with a plan for her to be able to go home safely and have the correct individual's in place to do so. This included a case worker to help with the cost of her care and treatment. Physical and occupational therapy were also involved to help her ambulate and complete ADL's.</p> <p>2. One of my patients was an elderly man that was suffering with lots of skin breakdown through out his body. He was weak and could not walk without assistance. Occupational therapy came in to help him ambulate, and I assisted the OT team members . We walked the pt to the door and back into a bedside chair.</p> |
| Teaching | Evaluate the effectiveness of teaching plans implemented during patient care. | <ul style="list-style-type: none"> - Identify/define teaching plan - Implement teaching plan - Identify appropriate evaluation tools - Appraise patient outcomes | <p>1. I partnered with my RN and we went to each of our patients room and checked if there were incentive spirometers at the bed side. We came up with a plan to do patient teaching for the IS at the bedside for the ones that did not have them. We then implemented that plan and documented.</p> <p>2. I had a patient who went in for surgery on her toe first thing in the morning. After surgery she came back to the floor and we made a plan to get her walking after she ate her lunch . When I went into the room I noticed that there was a dressing over the whole foot and not just the toe. I let my nurse know to verify whether we actually would be able to ambulate the pt, she checked orders and we were not able to ambulate until AFTER the wound care nurse assessed the foot.</p> |
| Knowledge Integration | Deliver effective nursing care to patients with multiple healthcare deficits. | <ul style="list-style-type: none"> - Identify patient health deficits - Prioritize care appropriately - Adjust plan of care based on patient need - Identify system barriers - Modify health care deficits identified | <p>1. I had a patient that had a colostomy bag put in place. He explained to me that he did not have the means to safely care for this condition. I notified my nurse and we provided info to him and the correct resources through case management to be able to afford the supplies to change the bags out.</p> <p>healthcare barrier people that are self pay or homeless or no funding . pt with ostomy bag</p> <p>2. My pt that had the severe back injury was bilingual but her English was not very clear. I am bilingual and once she realized that I was, she opened up to me about how she had no idea what was actually going on with her plan of care, because of the language barrier. I let my RN know and I helped translate everything that was going on. I let my RN know that she needed a translator once I left the floor and daily so that she understood what was going on with her.</p> |