

Jamie Livesay

The activity today went pretty much as I had expected it to since we've done a couple case study activities like this before. I do think it's valuable to practice critical thinking like this sometimes but today didn't feel as engaging, and I don't know if that's just because we all are focused on the other things that we have coming up, so we weren't as competitive, so I don't think that it was as exciting or fun as it has been the other times. I did find it helpful that this time when we answered we would wait until all of the teams had gone and then the instructors would go over each team's answer and explain why it maybe wasn't the best or first choice for the situation. Some of the things I gained more of an understanding in were to not assume things based on your patient's history because even though we've discussed how to not treat our patients like they're just their diagnosis, I still found myself trying to categorize our patient who had been admitted with shortness of breath and wheezing, as a potential COPD patient based on his 17 year history of smoking. Making that assumption immediately caused me to not even consider the fact that he might be in there because he has left sided heart failure and it's valuable to realize how limiting that is for me as a nurse in the future and I'm glad to be able to recognize that now so I have a lesser chance of doing so with an actual patient as an actual nurse one day. Another thing I thought was valuable about today's exercise, was when we went over how to do an SBAR situation. I don't feel like we have fully practiced or discussed SBAR in the previous modules very much, so I think going over SBAR in this module and then acting it out has kind of helped me understand how to approach talking to a doctor and what information is most important to tell them. Overall, I believe today was constructive and helped me gain some more confidence and understanding when it comes to evaluating a patient's situation and prioritizing the nursing interventions based on the information we are provided. Thank you guys for talking us through and helping us consider the best interventions that will contribute to us being able to better help our future patients.