

Reflection 4/6

I found that "SIM" today was informational on the topic of small bowel obstructions. During the game Ponder, our patient ended up with all of the signs and symptoms of a small bowel obstruction. It was up to our group to determine what is a priority nursing intervention. It was tricky to come up with an intervention that did not need a doctors order (Abd X-ray, pain meds, etc..), and we did not end up with the best answer. But, the instructors were very helpful by explaining what they thought would be a priority nursing intervention. I enjoyed that our next exam involves small bowel obstructions and we were able to talk about them today. That was our second time playing the game Ponder, it does get competitive but I truly do learn a different way of thinking through it. In some situations, it does get frustrating but I like how there is never one correct answer, it enforces us to critical think. I enjoyed learning the proper way to SBAR from Mrs. Howards demonstration as well. SBAR seems like a simple format, until you are put in the position to use it with a doctor so I will take any help I can get before having to do it on my own. I love listening to all of the instructors nursing experiences, it really puts into perspective the importance of a nurses job and the importance of protecting your license. Overall, class time today was informational and educational, it would have been better if my group won a marker. 😊