

### Gabbi Bristow Reflection

Today in class, I gained a lot of valuable information regarding priority nursing interventions and assessments. I learned that though every intervention we stated was right, there was always one that should be checked first. In our first patient scenario, we learned that even though his blood pressure was evidence of a hypertensive crisis, we must focus and intervene on this patient's breathing first and foremost. I learned that we would first focus on positioning and promoting oxygenation to the patient through breathing exercises, and then we would contact the physician for orders for medications. We would administer a bronchodilator, corticosteroids, and oxygen. Most people in the class did not state that they would apply oxygen when discussing medication administration, simply because most of us had forgotten that oxygen is a medication and requires an order. This was a very good review for us and got my whole group thinking in a different way. I also found the SBAR exercise to be very beneficial. While we had all the patient's history in front of us, I found when we actually had to pretend that we were calling a physician to tell him about a patient, it made us weed out some of the information that was less important, and recite more pertinent information instead. I found it beneficial that we also learned that we should not tell the physician what we think is wrong, but rather offer to order labs or tests that we believe could indicate and highlight what is occurring with the patient. I believe doing this exercise will better prepare us for communicating with physicians and providers while on the floor. Going into today, I expected to have a simple review of information that I already knew, but in reality, I gained much knowledge that I will definitely apply as I continue learning and when I am a practicing nurse. When we actually were put into groups and had to solve a patient scenario using nursing interventions, we were able to apply the knowledge we know and bounce off one another to come up with a solution. I feel that today was very beneficial in learning, and reviewing what we have learned throughout the entirety of module 3.