

Pediatric Case 4: Sabina Vasquez (Complex)

Guided Reflection Questions

Opening Questions

How did the simulated experience of Sabina Vasquez's case make you feel?

I felt like I was adequately prepared to care for a child in the hospital.

Describe the actions you felt went well in this scenario.

I administered ¾ of her medications and called the doctor when ordered. I also was able to distract her by giving her a toy and juice.

Scenario Analysis Questions*

EBP List in order of priority your initial nursing actions for Sabina Vasquez based on physical findings and family interaction.

I introduced myself and asked for the name, DOB, and allergies of Sabina followed by the name and relation of the family that was in the room. I took her vitals starting with respirations and O2 sats and then administered the ordered medications.

EBP What complications might Sabina Vasquez face if her symptoms are not recognized and if care is not initiated in a timely manner?

If her pneumonia symptoms were not recognized, she could have respiratory distress or possibly sepsis.

PCC What actions should be taken to ensure the delivery of appropriate information to Sabina Vasquez's mother?

Ask her which language she prefers and provide her with a translator if she prefers a language other than English and print all written documents in her preferred language.

PCC Recognizing the acuity of the situation, how would you include Sabina Vasquez and her mother in the decision-making process?

I could tell them the medications that are ordered and allow them to pick the order of administration and I could teach the mother how I am doing certain things so that she can help in the future.

* The Scenario Analysis Questions are correlated to the Quality and Safety Education for Nurses (QSEN) competencies: Patient-Centered Care (PCC), Teamwork and Collaboration (T&C), Evidence-Based Practice (EBP), Quality Improvement (QI), Safety (S), and Informatics (I). Find more information at: <http://qsen.org/>

S/QI Reflect on ways to improve safety and quality of care based on your experience with Sabina Vasquez's case.

I should have assessed her IV site and included her respiratory rate in my initial head to toe assessment. I also should have administered her cefuroxime when I administered the other medications.

T&C/I What key elements would you include in the handoff report for this patient? Consider the situation-background-assessment-recommendation (SBAR) format.

I would tell the oncoming nurse that the patient has a history of asthma and she was having issues breathing this morning before admission. I would also tell them all of the medications that I administered and the amount of oxygen the patient is on.

QI As you begin to think about discharge planning for Sabina Vasquez and her family, what teaching needs to be provided?

I would teach them the signs of respiratory distress, how and when to take the inhaler(s) and what they are for, and I will teach the mother that Sabina must take all of her antibiotic even if she starts feeling better.

Concluding Questions

Reflecting on Sabina Vasquez's case, were there any actions you would do differently? If so, what were these actions, and why would you do them differently?

I should have administered her cefuroxime when I administered her other medications, washed my hands as soon as I entered the patient's room, and I should have assessed her IV with my initial head to toe assessment.

Describe how you would apply the knowledge and skills obtained in Sabina Vasquez's case to an actual patient care situation.

After this simulation, I would feel more comfortable with caring for a child in respiratory distress. I know that I need to make my education and instructions as simple as possible for a child as young as Sabina and I need to educate her and her mother.