

Priscilla Meza

Final reflection

I was assigned to south 10 nephrology for my preceptorship. Like I had mentioned on my midterm, I was skeptical because I was so used to an ICU setting. While doing my 10 shift there, I felt so welcomed and like I fit in. In the beginning I followed her to have a feel of the floor and how she did things. The second day I was assigned a patient and I felt so lost because she would ask me question on what meds were due and what orders the patient had. Throughout nursing school, I just followed a nurse, and I really did not know what was going on most of the time. Now that I was in charge of keeping up with everything was so overwhelming. I asked a lot of questions and Jessica would answer and guide me on how to know when and where things are at. She made me a little cheat sheet on what to watch out for every hour and that helped a lot in staying on top of things.

When EPIC hit, things changed a lot, but the routine was the same. My app was not working so I would always have to be charting under her. Which made things difficult. I would go down my list that she made me, and I would write them down and then passed on the information so we can chart things later. I told Jessica that I did not have many hands on while i was at clinicals throughout the modules and I sure did get a lot of practice. What I liked the most was that every day was different. Sometimes we did not have the same patients and I was able to learn a lot of things from class and put it into perspective on the floor. I was able to understand more about drips and how critical is it to follow that protocol. I was able to insert a foley to a confused patient and spit at me, so I learned how to handle situation in that moment.

I finished placing the foley in and just went to wash my face, but I realized that I have self-control in situations like that.

In nursing school, they always say when we become nurses and, on the floor, we are going to feel like we do not know anything, and I feel that is what happened to me. I knew a lot of information on what to watch for and how to do skills, but how to handle situations was a learning experience. We also had a patient leave AMA, so I was able to see how that process was managed. I got to experience a lot of discharges, and how the teaching for each patient is unique. Time management is something that I never got down. I'm sure everyone can relate, but I realized that if you do not have some type of system going for yourself you are always going to fall behind and never have a break. It is hard to function when you are tired and hungry. What I did notice on the floor was teamwork. They worked so well as a team that it made my preceptorship a good experience.

Even though I was skeptical to be precepting on south 10, I ended up enjoying it more than I thought I was. I was considering in applying there. I enjoyed everyone on the floor and for always letting me do skills for them so I can gain some practice. When there was a learning moment, other nurses would come find us and let us be involved. I am glad I had the opportunity to work with Jessica and for always being so encouraging for my future. This module made me more comfortable and ready to be on the floor.