

School Nurse Experience Reflection Questions

1. How has your view of the student population changed?

The students were overall how I expected however I did find that a lot of the children that came in were mature for their age. They had students from kindergarten to 5th grade so I got to experience talking to children of different age groups.

2. How has your view of the school nurse role changed?

I didn't see the school nurse very often when I was still in grade school, so I wasn't sure what to expect. I learned that most schools require their nurses to have their BSN. I felt that the school nurses have an important role in the school and the children trust that these nurses are going to help them when they're not feeling well. I expected the nurses to get paid more than they do, and I think they deserve to make more.

3. What surprised you about the school nurse experience?

I didn't expect to see as many kids as we did in that 4-hour period. There was a different kid coming in every few minutes. I thought it was cool to see how they used iPads for the kids to "check-in" and to monitor the BGLs of the kids with DM.

4. What did you observe during your time there?

I got to see a variety of different things. Lots of kids came in after PE because they had to perform the pacer test and were out of breath/having difficulty breathing. I got to look inside a few of the kid's mouths, and I got to look inside one of the kid's ears with the otoscope.

5. How was your experience different from what you expected?

I didn't expect the nurses to have the BGLs of the diabetic students. It's really cool that the nurses can bring snacks to the kids in their classrooms when their BGL gets too low. I didn't expect the nurses to know so many of the kids that came in. They knew a lot of their names and what sports they played. I liked how involved they were.

6. What are some of the needs/issues related to the health of the school age children that you may not have been aware of?

I realized a lot of the kids that came in seemed to "self-diagnose" themselves. One girl came in and told the nurses that her "asthma was really bad after PE". The nurse looked at her hx and didn't see anything about asthma. The nurse called her mother and confirmed that the student didn't have asthma. It made me wonder where she heard it from. I didn't get to see any children that had depression but I would assume that it is prevalent in the school-age children.

7. Please list two developmental stages related to the population that you observed.

Preschoolers(3-6): Initiative vs Guilt – Feeling proud when she was able to check her own BGL

School age(6-12): Industry vs inferiority – Wanted to get back to class quickly so they didn't miss any of the lesson